

“God’s Love has a Slow Temper!”  
(40 Days of Love-Part 5)  
Oct. 12, 2014

**Scripture Reading** – Matt. 12:33-37

1. Resolve to manage it with God’s Help. (Prov. 29:11)
2. Remember the cost of “out of control” anger. (Prov. 29:22; 11:29)
3. Reflect before reacting. (James 1:19; Psalm 141:3,5,6; Matt. 12:33-37)
4. Release your anger appropriately. (Eph. 4:26; Prov. 15:1)
5. Renew your Mind by submitting to the work of the Holy Spirit. (Rom. 12:2; Prov. 22:24; Rom. 15:5; Gal. 5:22)

**Application:**

1. Honestly rate your expression of anger. What “tips the scale” in your control of anger? What principle in this study did you most need to hear today?
2. Pray for His control of your anger this week. Rely on Him for wisdom and strength.