

## The Cup Mark 14:32-42

**The BIG Idea** ... To be the kind of Jesus-follower God is calling us to be, we must be able to pray what Jesus prays: "Father, not my \_\_\_\_\_, but what you \_\_\_\_\_."

**The BIG Question** ... We can easily \_\_\_\_\_ our ability to stand strong in the face of \_\_\_\_\_.

### The Scene

As Jesus enters the Garden of Gethsemane ...

- He is "greatly distressed:" he is \_\_\_\_\_ with amazement.
- He is "troubled:" He is astonished at the \_\_\_\_\_ that is seizing him.
- He says to Peter, James and John: "My soul is very sorrowful, even to \_\_\_\_\_."
- He is utterly \_\_\_\_\_: no one can identify with him in what he's facing or feeling.
- He is so overwhelmed that he \_\_\_\_\_ to the \_\_\_\_\_.
  
- Why is the all-knowing, all-powerful, eternal Son of God so deeply distressed that He falls to the ground, \_\_\_\_\_ drops of \_\_\_\_\_?
- Because it's here in the Garden that Jesus gets a \_\_\_\_\_ what it will mean for him to bear our griefs and carry our sorrows by being pierced for our transgressions and crushed for our iniquities.

### The Cup

- Jesus \_\_\_\_\_ from the cup. Isaiah 51:17, "Wake yourself, wake yourself, stand up, O Jerusalem, you who have drunk from the hand of the LORD the cup of his wrath, who have drunk to the dregs the bowl, the cup of staggering."
- The cup is the unmitigated fury of God's holy \_\_\_\_\_ against our sins.
- As Jesus stares into that cup, he sees \_\_\_\_\_ in its full-blown fury. He sees the utter \_\_\_\_\_ of God. He sees absolute \_\_\_\_\_ from God.
- The only way we will understand the agony of \_\_\_\_\_ is through the \_\_\_\_\_ of Gethsemane (Psalm 22:1, "My God, My God, why have you forsaken me?")
- Christ knows what it means to be in the grips of sorrow. Christ knows what it means to be alone. Christ knows distress of soul.
- The real human emotions that are overwhelming Jesus are not \_\_\_\_\_ enough to \_\_\_\_\_ Jesus from drinking that cup.

Applications:

- Jesus' willingness and ability to pray this prayer for you in his suffering \_\_\_\_\_ the ability to pray that prayer in your suffering.
- Like Jesus, even when your emotions are overwhelming you, you can, by His grace, push through by praying \_\_\_\_\_ Jesus, "Not what I will, Father, but what you will ..."
- We will never understand what Jesus' suffering means for \_\_\_\_\_ until we grasp what His suffering meant for \_\_\_\_\_.

### The Impact

1. See the depth of His \_\_\_\_\_ for you in His darkest hour (1 Peter 2:24; Ephesians 2:8-9).
2. Know His \_\_\_\_\_ for you in your darkest hour (2 Corinthians 5:21; Hebrews 4:15-16).
3. Hear His \_\_\_\_\_ to you in your darkest hour (1 Peter 5:7).