MORE OF JESUS LESS OF ME Instructions for Earth Press On Series Pastor Tony Barbosa 10/01/2023 Evening Service Php 4:1-9

Introduction

I. Stand Firm In The Lord (v.1)II. Be Of The Same Mind (V.2-3) III. Always Rejoice In The Lord (V.4) 1. The object of your rejoicing. The command is to rejoice "in the Lord."

2. The rejoicing is an action not simply an emotion. That's important, because you can't always control your emotions, but you do get to choose your actions.

3. Understand that joy is different from happiness. Happiness comes and goes and is dependent on your circumstances. Joy is a settled confidence that God is God, that God is good, and that God is in control. Neh 8:10 ... for the joy of the LORD is your strength.

4. That it's okay to be sad. That might seem like a contradiction at first, but you can be sad and still rejoice in the Lord.

IV. Let Your Gentleness Be Evident To All (V.5)

V. Don't Worry - Pray! (V.G-7)

## VI. Think Good Thoughts (V.8)

## VII. Practice what You Have Learned (V.9)

## Conclusion