

Psalm 42:1-11

Your soul is your CORE YOU

Matthew 10:28 And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.

Matthew 16:26 For what is a man profited, if he shall gain the whole world, and lose his own soul? or what shall a man give in exchange for his soul?

Matthew 22:37-38 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. 38 This is the first and great commandment.

Matthew 26:38 Then saith he unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with me.

Luke 12:19-20 And I will say to my soul, Soul, thou hast much goods laid up for many years; take thine ease, eat, drink, and be merry. 20 But God said unto him, Thou fool, this night thy soul shall be required of thee: then whose shall those things be, which thou hast provided?

1 Corinthians 15:45 And so it is written, The first man Adam was made a living soul; the last Adam was made a quickening spirit.

Your soul has HEALTH (to be maintained)

3 John 1:2-4 Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. 3 For I rejoiced greatly, when the brethren came and testified of the truth that is in thee, even as thou walkest in the truth. 4 I have no greater joy than to hear that my children walk in truth.

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Warring is essential to your 'soul's health'.

1 Peter 2:11 Dearly beloved, I beseech you as strangers and pilgrims, abstain from fleshly lusts, which war against the soul;

2 Peter 2:8 (For that righteous man dwelling among them, in seeing and hearing, vexed his righteous soul from day to day with their unlawful deeds;)

1 Peter 1:22 Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently:

1 Timothy 6:12 Fight the good fight of faith, lay hold on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses.

1 Timothy 1:18 This charge I commit unto thee, son Timothy, according to the prophecies which went before on thee, that thou by them mightest war a good warfare;

the word is to help with this warfare against the soul!

Acts 14:22 Confirming the souls of the disciples, and exhorting them to continue in the faith, and that we must through much tribulation enter into the kingdom of God.

The word of God is there help us with this warfare against the soul!

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The Psalms are intended to give us "soul talk"!

Ephesians 5:17-21 Wherefore be ye not unwise, but understanding what the will of the Lord is. 18 And be not drunk with wine, wherein is excess; but be filled with the Spirit; 19 **Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;** 20 Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; 21 Submitting yourselves one to another in the fear of God.

Colossians 3:16 Let the word of Christ dwell in you richly in all wisdom; **teaching and admonishing one another in psalms and hymns and spiritual songs,** singing with grace in your hearts to the Lord.

Psalms 11:1-3 In the LORD put I my trust: how say ye to **my soul**, Flee as a bird to your mountain? **2** For, lo, the wicked bend their bow, they make ready their arrow upon the string, that they may privily shoot at the upright in heart. **3** If the foundations be destroyed, what can the righteous do?

DESIRES OF THE SOUL

PSALM 42:1,2 WITH PSALM 23

Proverbs 13:4 The soul of the sluggard desireth, and hath nothing: but the soul of the diligent shall be made fat. **Proverbs 13:19** The desire accomplished is sweet to the soul: but it is abomination to fools to depart from evil. **Proverbs 21:10** The soul of the wicked desireth evil: his neighbour findeth no favour in his eyes. **Psalms 10:17** LORD, thou hast heard the desire of the humble: thou wilt prepare their heart, thou wilt cause thine ear to hear: **Psalms 37:4** Delight thyself also in the LORD; and he shall give thee the desires of thine heart. **Mark 12:30** And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

SUSTAINING OF YOUR SOUL

GOD USES ILLUSTRATIONS TO TEACH US

Psalms 107:4-6 They wandered in the wilderness in a solitary way; they found no city to dwell in. **5** Hungry and thirsty, **their soul fainted in them.** **6** Then they cried unto the LORD in their trouble, and he delivered them out of their distresses.

SUBSTITUTES FOR SOUL SUSTENANCE

A STRONG SOUL IN GOD!

Psalms 119:28 My soul melteth for heaviness: strengthen thou me according unto thy word.

Proverbs 25:25 As cold waters to a thirsty soul, so is good news from a far country.

Psalms 138:1-3 I will praise thee with my whole heart: before the gods will I sing praise unto thee. **2** I will worship toward thy holy temple, and praise thy name for thy lovingkindness and for thy truth: for thou hast magnified thy word above all thy name. **3** In the day when I cried thou answeredst me, and strengthenedst me with strength in my soul.

SOUL HEALTH IS AFFECTED BY THE BODY

Isaiah 53:10-11 Yet it pleased the LORD to bruise him; he hath put him to grief: when thou shalt make **his soul** an offering for sin, he shall see his seed, he shall prolong his days, and the pleasure of the LORD shall **prosper** in his hand. **11** He shall see of the **travail of his soul**, and shall be satisfied: by his knowledge shall my righteous servant justify many; for he shall bear their iniquities.

Psalms 127:2 It is **vain** for you to rise up early, to sit up late, to eat the bread of sorrows: for so he **giveth** his beloved sleep.

Proverbs 30:7-9 Two things have I required of thee; deny me them not before I die:

8 Remove far from me vanity and lies: give me neither poverty nor riches; feed me with food convenient for me: **9** Lest I be full, and deny thee, and say, Who is the LORD? or lest I be poor, and steal, and take the name of my God in vain.

2 Corinthians 4:16 For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.

SOUL HEALTH IS ADVANCED BY
BLESSING THE LORD

PSALM 103:1-22

YOUR SOUL WILL GO FORWARD IN PROPORTION TO
YOUR 'BLESSING THE LORD'!

Psalms 1:2 But his delight is in the law of the LORD; and in his law doth he **meditate** day and night.

MEDITATING _____

WHAT IS THE 'NORM'? Genesis 3:16-19

EVERYTHING BETTER THAN THE CURSE SHOULD
BE CONSIDERED A BLESSING FROM GOD!

Luke 11:3 Give us day by day our daily bread.

Luke 4:4 And Jesus answered him, saying, It is written, That man shall not live by bread alone, but by every word of God.

2 Timothy 2:1-4 Thou therefore, my son, be strong in the grace that is in Christ Jesus. 2 And the things that thou hast heard of me among many witnesses, the same commit thou to faithful men, who shall be able to teach others also. 3 Thou therefore endure hardness, as a good soldier of Jesus Christ. 4 No man that warreth entangleth himself with the affairs of this life; that he may please him who hath chosen him to be a soldier.

CIRCLES PROTECT SOUL HEALTH (HEDGES)

Job 1:10 Hast not thou made an **hedge** about him, and about his house, and about all that he hath on every side? thou hast blessed the work of his hands, and his substance is increased in the land.

Psalms 80:12 Why hast thou then broken down her **hedges**, so that all they which pass by the way do pluck her?

Matt. 12:33 Hear another parable: There was a certain householder, which planted a vineyard, and **hedged** it round about,...

CIRCLES PROVIDE BOUNDARIES FOR THE SOUL

Ecclesiastes 10:8 He that diggeth a pit shall fall into it; and whoso breaketh an hedge, a serpent shall bite him

Proverbs 15:19 The way of the slothful man is as an hedge of thorns: but the way of the righteous is made plain.

Proverbs 4:14-18 Enter not into the path of the wicked, and go not in the way of evil men.

15 Avoid it, pass not by it, turn from it, and pass away. **16** For they sleep not, except they have done mischief; and their sleep is taken away, unless they cause some to fall. **17** For they eat the bread of wickedness, and drink the wine of violence. **18** But the path of the just is as the shining light, that shineth more and more unto the perfect day.

MEMORY VERSE

Proverbs 23:17-18 *Let not thine heart envy sinners: but be thou in the fear of the LORD all the day long. 18 For surely there is an end; and thine expectation shall not be cut off.*

RENEWING YOUR REGENERATION

TITUS 3:5-7

Ephesians 4:20 But ye have not so learned Christ;

Romans 12:1-2 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. **2**And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

REGENERATION MAKES THINGS NEW; OUR PART IS TO RENEW

NEW ETERNITY (TITUS 3:5)

NEW ENERGY - THE HOLY GHOST! (TITUS 3:5)

NEW EXPRESSION (EPHESIANS 4:20-32)

NEW EFFORT (TITUS 3:8-15/ COL. 3:17,23,24)

NEW EXPECTATION (TITUS 3:14) (PROV. 23:17,18)

Psalms 51:10 Create in me a clean heart, O God; and renew a right spirit within me. **Psalms 103:5** Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's. **Isaiah 40:30-31** Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Your life counts with God without regard
to what others do, say or think!

THE RIGHT PERSPECTIVE ON GRACE

“For the sake of another”

Genesis 3:17 And unto Adam he said, Because thou hast hearkened unto the voice of thy wife, and hast eaten of the tree, of which I commanded thee, saying, Thou shalt not eat of it: **cursed** is the ground **for thy sake**; in sorrow shalt thou eat of it all the days of thy life;

2 Samuel 9:1 And David said, Is there yet any that is left of the house of Saul, that I may shew him kindness **for Jonathan's sake**?

Genesis 39:5 And it came to pass from the time that he had made him overseer in his house, and over all that he had, that the LORD blessed the Egyptian's house **for Joseph's sake**; and the blessing of the LORD was upon all that he had in the house, and in the field.

2 Corinthians 4:5 For we preach not ourselves, but Christ Jesus the Lord; and ourselves your servants **for Jesus' sake**.

SALVATION BECAUSE OF ANOTHER

2 Corinthians 8:9 For ye know the grace of our Lord Jesus Christ, that, though he was rich, yet for your sakes he became poor, that ye through his poverty might be rich.

THE SCRIPTURES BECAUSE OF ANOTHER

Romans 15:4 For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.

SPIRIT-LIVING BECAUSE OF ANOTHER

Philippians 3:17 Brethren, be followers together of me, and mark them which walk so as ye have us for an ensample.

SANCTUARY AND SAFETY BECAUSE OF ANOTHER

Romans 16:3-4 Greet Priscilla and Aquila my helpers in Christ Jesus: 4 Who have **for my life laid down their own necks**: unto whom not only I give thanks, but also all the churches of the Gentiles

BECAUSE OF ANOTHER

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I MUST MAINTAIN THE RIGHT PERSPECTIVE

1 Kings 20:11 And the king of Israel answered and said, Tell him, Let not him that girdeth on his harness boast himself as he that putteth it off.

THERE'S A CROWN AND YOU CAN WIN IT!

2 Timothy 2:5 And if a man also strive for masteries, yet is he not **crowned**, except he strive lawfully.

1 Corinthians 9:25 And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible **crown**; but we an incorruptible.

MASTERY=dominion, commanding, power of governing, victory in war, superior dexterity, eminent skill.

TEMPERATE= 1. Moderate in the indulgence of the appetites and passions; as temperate in eating and drinking; temperate in pleasures; temperate in speech. 2. Cool; calm; not violent; as a temperate discourse or address; temperate language.

YOU CANNOT MASTER EVERYTHING...

Luke 16:13 No servant can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.

YOU CANNOT MASTER WITHOUT ENERGY

STRIVE= 1. To make efforts; to use exertions; to endeavor with earnestness; to labor hard;

Strive with me in your prayers to God for me. Rom 15:30

Strive to enter in at the strait gate. Luke 13:24

2. To contend; to contest; to struggle in opposition to another; to be in contention or dispute; followed by against or with before the person or thing opposed; as, strive against temptation; strive for the truth.

3. To oppose by contrariety of qualities.

Hebrews 12:1 Wherefore seeing we also are compassed about with so great a cloud of witnesses, **let us lay aside** every weight, and the sin which doth so easily beset us, and **let us run** with patience the race that is set before us,

YOU CANNOT MASTER IN EXCEPTION TO RULES

If you don't win lawfully, you don't win!

1 Corinthians 3:13 Every man's work shall be made manifest: for the day shall declare it, because it shall be revealed by fire; and the fire shall try every man's work of what sort it is.
