



“The Seventh Day”

The Origin of Rest

Genesis 1:31 -2:1-3

The seventh day began as a day for :

I. Rest - “and He rested” (v. 1)

The rest was :

- A. **Planned** – “were finished”
- B. **Personal** – “ended his work”
- C. **Plenary** – “from all his work”

II. Review – “behold it was very good” (1:31, 2:2)

The review was:

- A. **Introspective** – “God saw ... He had made”
- B. **Inclusive** - “Every thing”

III. Rejoicing - “God blessed” (v. 3)

The day was celebrated as :

- A. **Special** – “blessed the seventh day”
- B. **Sacred** – “and sanctified it ”
- C. **Storied** – “because ...He had rested”

Sentence Sermon:

“The Sabbath is beneficial for Rest, Review, and Rejoicing.”

Verses ~ The Sabbath

- Exodus 12:15
- Exodus 16:23
- Exodus 20:8-11
- Deuteronomy 5:13
- Isaiah 56:2-7; 58:13-14
- Jeremiah 17:20-22
- Nehemiah 13:19
- Matthew 12:10-13
- Mark 2:23-28
- Luke 13:10-17
- John 1:3
- Colossians 2:7
- Romans 14:5
- Hebrews 1:10

Suggested Resources:

- GotQuestions – 70 articles
http://www.gotquestions.org/search.php?zoom_per_page=10&zoom_and=0&zoom_sort=0&zoom_query=Sabbath



Exegesis

VERSE 1

- *Thus = therefore and as a result of previous action*
- *Heavens and earth = everything*
- *Were finished = “kalah” –Two ideas:*
 - *Cessation or no more work needed*
 - *Perfection = No more desired*
- **All the host of them = Not only is the work complete but it was brilliant and awesome to look at!!!**
- **The picture is that of the order and awesomeness of a military parade – displaying their strength in numbers and armament, brilliance of uniforms, and capability.**

VERSE 2

- *the seventh day = 24 hr day which followed 6 other 24 hour days, therefore it is the seventh one.*
- *Ended His work = It was no more – reached the determined conclusion.*
- *Which He had made – notice all the times God claims that He did all the work of creation....His work...which He had made...all His work...which He had*

made...from all His work...which God created and made

- *And He rested = to sit still...an anthropomorphism equal to “He was maxin and relaxin or literally to slump down and recline.*

VERSE 3

- *God blessed the seventh day = The second time we see God blessing something:*
 - v. 28 – God blesses mankind
 - v. 3 – God blesses the seventh day
- CONCLUSION: God wants mankind to enjoy the blessing of the seventh day.
- *And sanctified it – is this redundant?*
No...notice the distinction:
 - God blesses to declare Divine Favor
 - God sanctifies to declare Holy or Set apart for Holy purposes – It’s a holy day or holiday as we call them.
 - *Because that in it He had rested --- Rest from work of creation = this is a setting up of a memorial or remembrance purposefully encouraging:*
 - *Giving God credit for His creative works*

- *Emphasizing the made in God's image and likeness should lead man to imitate Him*

***** To A Large degree this has happened:*

Josephus states "there is not any city of the Grecians, nor any barbarians, nor any nation whatsoever, whither our custom of resting on the seventh day hasnot come."

HISTORY and Archeology shows nearly all if not all nations place a special and sacred character to the seventh day.

How about You and Me?

Do we see the connection

between Gods creative acts

and design and our need for

rest and reflection. The seventh

day has been blessed and

sanctified by God and is worthy

of our Consideration.