

**Psalm 46**  
God our Refuge

- 1) Verses 1-3: Who is God?
  - a) Refuge -
  - b) Strength -
  - c) Very present help -
  - d) Fear, what it does, what it can do -
  - e) "time of trouble" -
  
- 2) Verses 4-7: God is a Refuge
  - a) A River
  - b) Delight - Rom 8:11
  
- 3) Verses 8-11: Strength
  - a) See the works of the LORD
  - b) Verse 10- "Selah"
  
- 4) Lev 11:44- "be holy as I am holy"
  - a) Are you a refuge?
  - b) Are you a strength for others?
  - c) Are you present for others?
  
- 5) 2 Kings 18 & 19
  - a) What do you do when surrounded?
  - b) Do you have peace when there's chaos?
  - c) Are you able to be still when everything is moving?
  - d) Do you remember what God is?  
Refuge, strength, very present help.
  - e) Where is your delight? Psalm 73:25