

## How to Face Adversity Psalm 13

- I. Express your perspective to the Lord (1–2)
  - A. You feel forsaken (1)
  - B. You feel discouraged (2)
- II. Express your dependence on the Lord (3–4)
  - A. You need His assistance (3)
  - B. You fear the alternative (4)
- III. Express your confidence in the Lord (5–6)
  - A. Decide to trust the Lord (5)
  - B. Begin to praise the Lord (6)