- I. Prayer can resolve any conflict
- II. Paul begins by presenting a problem
  - A. Tension (vs 1-3)
  - B. Intention (vs 4-7)
  - C. Retention (vs 8-9)
- III. Tension (1-3)
  - A. In ch 3, Paul encourages the Philippians to imitate him as he follows Christ
    - 1. They should do this because they are citizens of heaven
  - B. But, people in the church are disagreeing!!
- IV. Intention (4-7)
  - A. Things we should be intentional about is all situations
    - 1. Rejoice
    - 2. Be reasonable (gentle, lenient)
      - a) The Lord is "at hand," (near and ready to help)
    - 3. Not being anxious (brooding over or overthinking things)
    - 4. Praying over everything
    - 5. Being thankful in all things
      - a) God will give us His peace (Jhn 14:27)

## V. Intention

- A. We must retain those things we have been taught
  - 1. Whatever is true upright and honest
  - 2. Honorable dignified in heaven and on earth
  - 3. Just morally right---not morally self-justified
  - 4. Pure holy, heavenly, godly
  - 5. Commendable praiseworthy
  - 6. If it is excellent of good character and virtue
  - 7. If it is worthy of praise worship, adoration, adulation
- B. We must intentionally think on all these things
  - 1. Refuse to dwell on their opposites
- C. We must practice these things, pondering them
  - 1. Sound like prayer, doesn't it?