## How to Devote Yourself to Prayer (using the 'Prayer Hand')

"Devote yourself to prayer, being watchful and thankful." Colossians 4:2

## Why Pray?

Devotion to Christ

Your Savior Mark 1:35 Your Priest Heb 4:16

Devotion to One Another

Your Fellowship Col 1:9
Your Witness Rom 10:1

**ACTS of Prayer** 

Adoration Psalm 95:6; Heb 13:15

Confession Psalm 32:1-6; Psalm 51:1

Thanksgiving Psalm 140:13; Psalm 100:4, 5

Supplication/Intercession

Yourself **Psalm 116:1, 2; Phil 4:6, 7** 

Others Eph 6:18; Col 4:3, 4; 1 Tim 2:1-3

Spiritual Warfare

For Victory of the Saints **John 17:15; 2 Cor 1:8-11** 

For Defeat of Satan's works 2 Cor 4:3, 4; 1 Thess 2:18

**Hindrances to Effective Prayer** 

Unbelief Matt 21:22

Unconfessed Sin Psalm 66:18

Selfishness James 4:3

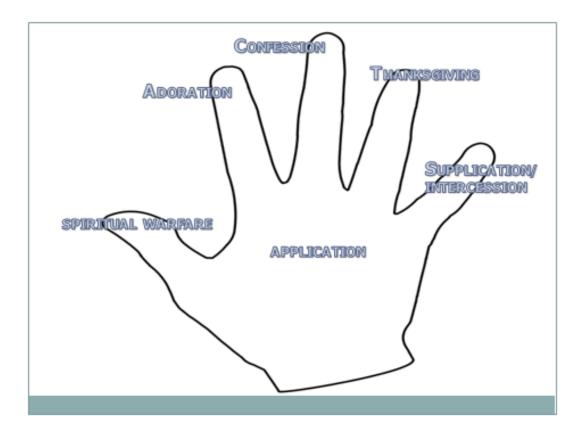
Rich Smith—2016

## **Application**

## We learn to pray...by praying.

What impressed you most?

What would God have you do this week to begin to develop an effective Biblical prayer life?



**Adoration** Psalm 8, 19, 24, 25, 30, 33, 47, 48, 92, 93, 99, 100, 104, 106, 113, 135, 146, 147, 149; 1 Chron 29:11-13; Isaiah 46:9-11

**Confession** Psalm 6, 32, 51, 74, 130, 143; Nehemiah 1:5-11

**Thanksgiving** Psalm 9, 23, 52, 75, 103, 105, 107, 116, 124, 134; 1 Cor 15:57; 1 Thess 1:2

**Supplication/Intercession** Matt 7:7-11, Matt 6:9-13; Psalm 20; Eph 1:17-21, 3:14-20; Phil 1:9-11; Col 1:9-11, Col 4:3-4, 2 Thess 1:11

**Spiritual Warfare** Matt 16:18; John 8:12; John 12:20-33; John 16:8-11; John 17:15; Rom 8:37-39; 1 Cor 15:54-58; 2 Cor 2:14-16; Eph 4:8; Col 1:13-14; Col 2:13-15; Heb 2:12-16; Jam 4:7; 1 Pet 5:9

Resource Lord, Teach Us to Pray, Rev John S. Mahon