SAVE ME, O GOD!

Psalm 70 - Pastor Ryan Hemphill

Theme: Remember, the Lord, you Helper, will not
1: All of our cry out, "Aha! Aha!" (Psalm 70:1-3).
2: Our is that we will one day cry out, "God is
great!" (Psalm 70:4).
3: In the midst of turmoil,, the Lord will not delay
(Psalm 70:5).

"This verse should be poured out in unceasing prayer so that we may be delivered in adversity and preserved and not puffed up in prosperity. You should, I say, meditate constantly on the verse in your heart. You should not stop repeating it when you are doing any kind of work or performing some service, or are on a journey. Meditate while sleeping and eating and attending to the least needs of nature...Let it be the first thing that comes to you when you awake, let it anticipate every other thought as you get up, let it send you to your knees as you arise from your bed, let it bring you from there to every work and activity, and let it accompany you at all times." Abba Isaac as quoted by Patrick Henry Reardon, *Christ in the Psalms*, p. 138.