

Overcomer

LADIES FALL CONFERENCE
Heather Hills Baptist Church

SESSION TWO: SATURDAY, SEPTEMBER 30, 2023

Romans 8:35-39, *“Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, For thy sake we are killed all the day long; We are accounted as sheep for the slaughter. Nay, in all these things we are more than conquerors through him that loved us. For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.”*

Growing Forgetful

An elderly couple was beginning to forget little things around the house. They were afraid that this could be dangerous, as one of them may forget to turn off the stove and thus cause a fire. So, they decided to go see their physician to get some help. Their physician told them that many people their age find it useful to write themselves little notes as reminders.

The couple thought this sounded wonderful and left the doctor’s office very pleased with the advice. When they got home, the wife said, “Dear, will you please go to the kitchen and get me a dish of ice cream? And why don’t you write that down, so you won’t forget?”

“Nonsense,” said the husband, “I can remember a dish of ice cream.”

“Well,” said the wife, “I’d also like some strawberries on it. You better write that down because I know you’ll forget.”

“Don’t be silly,” replied the husband. “A dish of ice cream and some strawberries. I can remember that.”

“OK, dear, but I’d like you to put some whipped cream on top. Now you’d really better write it down,” said the wife.

“Come now, my memory’s not all that bad,” said the husband. “No problem—a dish of ice cream with strawberries and whipped cream.”

With that, the husband shut the kitchen door behind him. He emerged from the kitchen about fifteen minutes later with a plate of bacon and eggs. The wife took one look at the plate, glanced up at her husband and said, “I knew you wouldn’t get it right—where’s the toast?”

Malachi 2:14-16, *“Yet ye say, Wherefore? Because the LORD hath been witness between thee and the wife of thy youth, against whom thou hast dealt treacherously: yet is she thy companion, and the wife of thy covenant.” And did not he make one? Yet had he the residue of the spirit. And wherefore one? That he might seek a godly seed. Therefore take heed to your spirit, and let none deal treacherously against the wife of his youth. For the LORD, the God of Israel, saith that he hateth putting away: for one covereth violence with his garment, saith the LORD of hosts: therefore take heed to your spirit, that ye deal not treacherously.”*

“FOUR NECESSITIES OF COMPANIONSHIP”

1. Companionship Needs _____.

Proverbs 18:13, *“He that answereth a matter before he heareth it, it is folly and shame unto him.”*

When husband is at fault. **Mark 11:25-26**, *“And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.”*

Colossians 3:13-14, *“Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. And above all these things put on charity, which is the bond of perfectness.”*

When you are at fault, or someone thinks you are. **Matthew 5:23-24**, *“Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.”*

Four Rules for Communication

- **Be honest.** **Ephesians 4:25**, *“Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another.”*
- **Keep current.** **Ephesians 4:26**, *“Be ye angry, and sin not: let not the sun go down upon your wrath.”* **Proverbs 21:19**, *“It is better to dwell in the wilderness, than with a contentious and an angry woman.”* **Proverbs 27:15**, *“A continual dropping in a very rainy day and a contentious woman are alike.”*

- **Attack the problem, not the person.** Liar, lazy. **Ephesians 4:29**, *“Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.”*
- **Act, don’t react.** **Ephesians 4:31**, *“Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice...And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.”*

Ephesians 5:33, *“Nevertheless, let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.”*

This doesn’t have anything to do with your _____ - It’s a _____ in the Bible.

2. Companionship Needs _____.

- You must be committed to your marriage until _____ or the rapture. Remember that vow to God at the altar. Our homes should be a wonderful _____ with God at the head.
- Contrary to what you might hear from the world, joyful couples don’t _____ freely.
- Don’t see marriage as a _____ proposition.
- Don’t think _____ interests are as important as _____ activities.
- View your husband/wife as your _____.
- Regard marriage as a _____, long-term commitment.
- Agree on _____ in life.
- Developing a good marriage takes _____ and _____ – not automatic.
- Marriage can’t be a his or hers, but _____. You are to be one flesh.

Mark 10:8, *“And they twain shall be one flesh: so then they are no more twain, but one flesh.”*

Romans 7:1-3, *“Know ye not, brethren, (for I speak to them that know the law,) how that the law hath dominion over a man as long as he liveth? For the woman which hath an husband is bound by the law to her husband so long as he liveth; but if the husband be dead, she is loosed from the law of her husband. So then if, while her husband liveth, she be married to another man, she shall be called an adulteress: but if her husband be dead, she is free from that law; so that she is no adulteress, though she be married to another man.”*

A braid appears to contain only two strands of hair. But it is impossible to create a braid with only two strands. If the two could be put together at all. They would quickly unravel. Herein lies the mystery: what looks like two strands require a third. The third strand, though not immediately evident, keeps the strands tightly woven. In a Christian marriage, God’s presence, like the third strand in a braid, holds husband and wife together.

3. Companionship Needs _____.

_____ – this aspect really deals with our attitude. Instead of thinking of your spouses with negative attributes, think of ways to put the _____ back in the honeymoon. Ways of making him feel _____.

Ephesians 5:22-24, *“Wives, submit yourselves unto your own husbands, as unto the Lord. For the husband is the head of the wife, even as Christ is the head of the church: and he is the Saviour of the body. Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing.”*

God made it very easy to understand – your husband must be the _____.

Submission means to come under the _____ and protection of your husband. Submission is not only _____ but ATTITUDE too. God is always concerned for your _____, not just actions.

A couple married for 15 years began having more than usual disagreements. They wanted to make their marriage work and agreed on an idea The wife had. For one month they plan to drop a slip in a “fault” box. The boxes would provide a place to let the other know about daily irritations. The wife was diligent in her efforts and approach. Her slips? Leaving the jelly top off the jar, wet towels on the shower floor, dirty socks not in hamper, on, and on until the end of the month. After dinner, at the end of the month, they exchanged boxes. The husband reflected on what he had done wrong. Then the wife opened her box and began reading. They were all the same; the message on each slip was, “I love you!”

4. Companionship Needs _____.

Mark 10:7-8, *“For this cause shall a man leave his father and mother, and cleave to his wife; and they twain shall be one flesh: so then they are no more twain, but one flesh.”*

Titus 2:3-5, *“The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things; that they may teach the young women to be sober, to love their husbands, to love their children, to be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.”*

Matthew 22:37-40, *“Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.”*

_____ love is the key to your marriage: a _____, sacrificial love that intentionally desires another’s highest good.

Proverbs 14:1, *“Every wise woman buildeth her house: But the foolish plucketh it down with her hands.”*

REFLECTION: