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Series: Highlights of Ephesians (4)

BUILDING STRONG BODIES (I)

Ephesians 4:1-16

Eph 4:1 change the way you think and live
Live out your new life in Christ

Eph 4:17 – 6:9 develops this in practical ways

Eph 4:2-16 is the prelude to how this takes place
The focus is *not* private spiritual disciplines!
Rather it is on how the **Body** functions
BASIC to your Christian life is living in The Community:
The **Church**

Eph 4:2-3: it is *not easy*. It takes determination & commitment.
It is against our natural tendency wh. is to live independently
Or a consumer mentality.
It is frankly supernatural. So he speaks of grace.

2 kinds of grace:

1. The _____ of SAVING grace that binds us together (4:4-6)
You ARE one, therefore LIVE as one.

2. The _____ of SERVING grace that builds us up
together (4:7-16)

4:7-10: The **p**_____ of the Ascended Christ: gave gifts

4:11: The **p**_____ He gives as leaders of His Church

4:12: The **p**_____ of elders the elders' **process**:

EQUIP the SAINTS for MINISTRY

WHAT: **EQUIP**:

_____ : Gal 6:1; I Peter 5:10

_____ : I Thess 3:10; Heb 13:21

_____ : II Tim 3:17; Luke 6:40

WHO: the **SAINTS**:

The “holy ones”: all God’s people

FOR WHAT: **MINISTRY**

How many ministers do we have at CPC?

The Search Committee is NOT looking for “the minister”!

You ALL who are Christians have:

- a) the Gospel of Christ
- b) the Christ of the Gospel
- c) the Holy Spirit
- d) people you know with needs

The leaders of CPC long to equip you to be fruitful in ministry.
Some examples:

- Home Fellowship Groups
- Youth Group ministries: Shine, Revolution, P Girls, CSBrig
- Seminars (harder when off campus)
- Conferences (off site)
- Upward coaches
- Twelve Steps of Discipleship: one to one (see me)

Are you available?

Are you a minister—or a consumer?

Eph 4:1