

## Inside the Text:

### I. Wake up and encourage the hurting. (36-40)

- A. Your presence is essential. (36-37)
  
- B. Your sympathy is critical. (38)
  
- C. Your despair is detrimental. (39-40)

### II. Wake up and fight temptation. (41-43)

- A. Temptation is lurking. (41a)
  
- B. Good intentions are fleeting. (41b)
  
- C. Total submission is necessary. (42-43)

### III. Wake up and align your will with God's perfect plan. (44-46)

- A. Persevere in prayer. (44)
  
- B. Acknowledge God's hand in your current situation. (45)
  
- C. Respond with immediate obedience. (46)

## Apply the Text: *(with Christ as your example...)*

- Reach out to someone who is hurting.
- Reengage in the fight against temptation.
- Reflect on / Rejoice in God's presence all around you.