

Hebrews

4:3-7

What benefit is the gospel to those who do not truly believe the good news and walk in disobedience to God?

None, God swears that such a person will receive His wrath.

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Who will enter God's rest, and who won't enter God's rest?

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Why would the author repeat the phrase, "They shall not enter my rest" over and over again?

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He is concerned that there could be those to whom he is writing that may be in danger of not entering God's rest.

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What is the rest of God?

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Exodus 3:7-8

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Exodus 23:20-25

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In the description of the Promised Land,
God would provide: peace with man and
peace with God, a place of God's
abundant provision, and rest.

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Genesis 2:1-3

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The purpose of mankind, who is the apex of God's creation, is to enjoy the rest that can only be provided by the Creator.

Being in the rest of God was the original intent of creation, and will be the final outcome of the new creation.

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Genesis 2:15-17

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Genesis 3:17-19

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The seed of the woman, and the substitutionary sacrifice that God provided for Adam and Eve's sin, pointed forward to the One that God would send to provide entrance to God's rest for all mankind.

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Matthew 11:28-29

Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

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The way to God's rest and your rest,
through the person of rest: Jesus Christ.

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John 14:1-6

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To get to the Place of God's rest, you must
be on Path of God's which is through the
Person of God's rest: Jesus Christ.

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John 6:25-35

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The ultimate need of mankind is not
physical food, but spiritual food from God,
and Jesus Christ is that provision.

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Mark 14:22-25

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Revelation 21:1-8

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If you want to be in the place of God's rest, then you must be on the path to God's rest, and you must rely on the Person of God's rest: Jesus Christ.

Hebrews

1. The author of Hebrews quotes from Psalm 95, five different times in Hebrews 3-4.
 - A. What is the main point that the author of Hebrews is making as he draws from this Psalm?
 - B. The truth that was given to Moses and the Israelites about entering the rest of God, was reiterated by David to his audience hundreds of years after Moses, and the same truth was reiterated by the author of Hebrews to his audience hundreds of years after David. How is the truth being proclaimed here timeless? Does this mean that the same truth should apply to us today? If so, how?
2. Read Psalm 95 in its entirety.
 - A. The Psalm is divided up into a “Do” section and a “Do not” section, where is the divide?
 - B. According to this Psalm, list the “Do’s” and the “Do nots” that are mentioned.

Do's:

Do nots:
3. As you read Psalm 95, do you find that there is a connectivity between worship, submission, and obedience within the Psalm? How can these be better connected in our own lives?
4. Specifically list what they are praising God for in Psalm 95.
5. This brief Psalm of praise is exalting God, humbling man, and calling on worshippers not to disobey God. How do the themes in this Psalm compare to contemporary worship music of our day?
6. Would a higher view of God in personal and corporate worship also lead you to a higher expectation of obedience, and vice versa (lower view of God in worship = lower obedience)? Explain.