

# **Trusting and Resting, Not Fussing**

## **Psalm 37:1-11**

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I. What We Must Cease: Fretting (verses 1-2, 8)

II. What We Must Do: Trust in the LORD and Do Good (verse 3)

III. What We Must Do: Delight in the LORD (verse 4)

IV. What We Must Do: Commit Our Way to the LORD and Trust (verses 5-6)

V. What We Must Do: Rest in the LORD and Wait for Him (verses 7-11)