

The Heidelberg Catechism

7. From where, then, does this depraved nature of man come?

From the fall and disobedience of our first parents, Adam and Eve, in Paradise,¹ whereby our nature became so corrupt² that we are all conceived and born in sin.³

¹ Gen 3; ² Rom 5:12, 18-19; ³ Ps 14:2-3, 51:5