# Why be Thankful?

#### 1. Thankfulness is an act of worship.

"did not honor God or give thanks..." (Rom. 1:21)

## 2. Thankfulness transforms my prayer life.

"In everything by prayer and supplication with thanksgiving let your requests be made known to God." (Phil. 4:6)

### 3. Thankfulness transforms my relationships.

"I thank my God in all my remembrance of you." (Phil. 1:3)

## 4. Thankfulness opens the door for ministry.

Gave thanks - fed 5,000. (Luke 9:16)

Grace - "charis" Gratitude - "eucharistia" Joy - "chara"