

The Heidelberg Catechism

116. Why is prayer necessary for Christians?

Because it is the chief part of thankfulness which God requires of us,¹ and because God will give His grace and Holy Spirit only to those who earnestly and without ceasing ask them of Him, and render thanks unto Him for them.²

¹ Ps 50:14-15, 116:12-19; 1 Thes 5:16-18; ² Mt 7:7-8, 13:12; Lk 11:9-13; Eph 6:18