

“Balancing Time”

Ephesians 5:15-17; Luke 5:27-32

East Berlin Community Church

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Introduction

- Delicate balance in the eco-system of nature.
- Our need to “delicately balance” our time-- Ephesians 5:15
- Effective Time Managers
 - 1) Begin with the end in view.-- Ephesians 5:17
 - 2) Put First Things First-- *“Love God and Love People”*
 - Devoted to doing what is good (Loving People) Titus 3
 - Undivided devotion to God-- 1 Corinthians 7

Balancing Time

A. Living out our Priorities in the Five Arenas of Life

1. The Five Arenas Explained
 - a. Family--
 - b. Job/Market Place --
 - c. Society --
 - d. Church/Family of God --
 - e. Personal -- Luke 2:52
2. The Five Areas Explored
 - a. We can become imbalanced in any of these five areas.
 - b. For some, arenas are combined, contributing to a sense of being out of balance,
 - c. Being in balance does not mean “equal time” devoted to each.

B. Five Questions to Help Balance our Time Commitments

1. Are the activities/opportunities IMPORTANT?
 - a. Four categories for all activities/opportunities

 - b. Jesus’ example of using his mission to guide the use of time.
-- Luke 5:27-32
2. Am I gifted by God to do the activity? Acts 6:1-4
3. Why do I want to do this activity?
4. What am I willing to give up?
5. Will taking on this activity cause me to be focused on one arena?