

Title: "Choosing To Trust"

Text – Psalm 31:1-24

I. David's Journey of Faith

A. David's prayer for help in trouble (31:1-5)

* Confident prayer (1-4)

* Consistent faith (5)

B. David's expression of trust in God (31:6-8; 14-18)

* Explanation of trust (6-8)

* Understanding of trust (14-18)

C. David's view of his situation (31:9-13)

D. David's commitment to praise (19-24)

II. David Learns to Trust God

A. Choosing to trust

* It is a matter of the _____

* It is a matter of _____

B. Challenges of trusting God

* Trusting during times of _____

* Trusting the _____

* Trusting when life appears _____

* Trusting through the _____

C. Key ingredients to trusting God