

Sunday, January 19, 2020
"This is My Body and My Blood"
Matt. 26:26–28; Exo. 24:9–11; 1 Cor. 10:16

- I. Are We to Understand Christ's Body and Blood as Real Flesh and Blood?
 - A. The Position of the "Real" Physical Presence of Christ

 - B. The Response to the "Real" Physical Presence of Christ
1 Cor. 11:26–28; Ac. 2:42; Heb. 9:26, 28; Heb. 10:12

- II. Are We to Understand Christ's Body and Blood as a Real, Spiritual Presence?
 - A. As Israel Ate the Covenant Meal in the Presence of God on Mt. Sinai Exo. 24

 - B. So We Eat the New Covenant Meal in the Presence of God by the Spirit

- III. What is the Benefit to the One Who Partakes by Faith in the Real, Spiritual Presence of Christ?
 - A. Old Testament Illustrations that Show that Believers Are Nourished by Christ in the Supper
 - 1. As the Passover Lamb Was Eaten to Nourish Exo. 12:6–7; Num. 33:3
 - 2. As the Manna Was Eaten to Nourish
 - 3. As the Water from the Rock Was Christ to Nourish 1 Cor. 10:3–4

 - B. Texts that Teach that Believers Are Nourished by Christ in the Supper
 - 1. We Partake of Christ Spiritually 1 Cor. 10:16–18
 - a. The Cup Is a Participation in the Blood of Christ 10:16
 - b. The Bread Is a Participation in the Body of Christ 10:16
 - 2. We Partake of Christ by Faith Heb. 4:2; Rom. 14:23; 1 Cor. 14:25

- IV. What is the Warning to the One Who Participates in Unbelief to the Real, Spiritual Presence of Christ?
 - A. God Is Jealous - Not Indifferent 1 Cor. 10:21–22

 - B. The Unbeliever Is Liable - Not Indifferent 1 Cor. 11:27–30

QUOTES:

"To deny the true communication of Jesus Christ to be offered us in the Supper is to render this holy sacrament frivolous and useless." —John Calvin

"In his Sacred Supper he bids me take, eat, and drink his body and blood under the symbols of bread and wine. I do not doubt that he himself truly presents them, and that I receive them." —John Calvin

"I conclude, that Christ's body is *really* (as the common expression is,)—that is, *truly* given to us in the Supper, to be wholesome food for our souls." —John Calvin (In Commentary on 1 Cor. 11:24)

"As bread nourishes, sustains, and keeps the life of the body, so Christ's body is the only food to invigorate and enliven our soul. When we see wine set forth . . . we must reflect on the benefits which wine imparts to the body and so realize that the same are spiritually imparted to us by Christ's blood." —John Calvin

"As soon as you receive the bread in your mouth (if you are a faithful man or woman) you receive the body of Christ in your soul, and that by faith." —Robert Burns

The Lord's Supper "is a mystery of Christ's secret union with the devout which is by nature incomprehensible. If anybody should ask me how this communion takes place, I'm not ashamed to confess that that is a secret too lofty for either my mind to comprehend or my words to declare. And to speak more plainly, I rather experience than understand it." —John Calvin

"By the sacrament my faith is nourished...and so, when I had but a little grip of Christ before, as it were betwixt my finger and thumb, now I get him in my whole hand; for the more my faith grows, the better grip I get on Christ Jesus." —Robert Bruce

"How do they that worthily communicate in the Lord's supper feed upon the body and blood of Christ therein?

A. "As the body and blood of Christ are not corporally or carnally present in, with, or under the bread and wine in the Lord's supper, and yet are *spiritually present* to the faith of the receiver, no less truly and really than the elements themselves are to their outward senses; so they that worthily communicate in the sacrament of the Lord's supper, do therein feed upon the body and blood of Christ, not after a corporal and carnal, but in a spiritual manner, yet truly and really, while by faith they receive and apply unto themselves Christ crucified, and all the benefits of his death." Westminster Larger Catechism #170

"Why then does Christ call the bread his body and the cup his blood, or the new covenant in his blood, and similarly Paul uses the words, sharing in Christ's body and blood?

A: "Christ has good reason for these words. He wants to teach us that as bread and wine nourish our temporal life, so too his crucified body and poured out blood truly nourish our souls for eternal life. But more important, he wants to assure us, by the visible sign and pledge, that we, through the Holy Spirit's work, share in his remembrance, and that all of his suffering and obedience are as definitely ours as if we personally had suffered and paid for our sins." Heidelberg Catechism, 1562

"Worthy receivers, outwardly partaking of the visible elements in this sacrament, do then also inwardly by faith, really and indeed, yet not carnally and corporally, but spiritually, receive and feed upon Christ crucified, and all benefits of his death: the body and blood of Christ being then no corporally or carnally in, with, or under the bread and wine; yet as really, but spiritually, present to the faith of believers in that ordinance as the elements themselves are to their outward senses." Westminster Confession, xxix, 7.