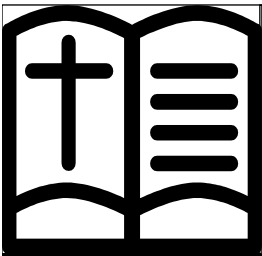


“REST” part 3

HEBREWS 3:7-4:11; MAT 11:28-30

I. JESUS IS LORD OF THE SABBATH AND THE SOURCE OF REST Mark 2:27-28; Mat 11:28-30

- A. *Jesus, as Lord of the Sabbath, is THE authority on what makes Sabbath rest, what honors Sabbath*
- B. *Jesus created the Sabbath for man, not man for the Sabbath; there is something in the Sabbath that is for the benefit of the man*
- C. *The Sabbath is the shadow of the true and real - there is a greater rest for which the Sabbath is just a picture of its true meaning*
- D. *Jesus called all who were laboring and bearing big burdens to come to Him for rest* Mat 11:28-30
- E. *Rest from the beginning*
 - 1. *The work of God: creating the material and the processes that make the earth an interdependent, symbiotic, interactive, self-activating, self-perpetuating energy source for each of its parts*
 - 2. *To help people mark time later, He took 6 literal 24 hour days to create it all, including the human mediators to keep it functioning orderly*
 - 3. *On the seventh day He rested from all that work and let the systems function as He designed. This is righteousness and peace. That makes it very good! That makes that day holy.*



- F. *Man's assignment - To serve that system and keep it in tact as He designed it. This Garden is the model; it is like the tabernacle He designed or the commandments He gave. They teamed with Him. Through this they will learn to be as God*
- G. *No better example of this restful way of work than the Lord Jesus Christ John 4:34; 5:19, 30; 6:38; 8:28-29; 17:4*

II. **TRUE REST** Hebrews 3:7-4:10

- A. *The Exodus is the prime example of God's plan of redemption in all of the Scripture 1 Cor 10:1-13*
- B. *In it God illustrates His plan for the team work God plans for His eternal family: Faith and Rest*
- C. *Faith - to rely fully on His character and word as without flaw or error; to rely fully on His work in us and through us to do godly work which can only come from Him without our effort*
- D. *Rest - the end of self-effort to please God; it is replaced with acceptance of His completed work on our behalf; that place where God provides His people more than their labors can produce; that cooperation with God in which God works through us to accomplish His will and rewards us for it; that work in which we know and acknowledge that He is doing it, and not we ourselves; that love that God shows us to provide for us when we have not labored at all*
- E. *Israel's refusal to see the obvious and trust God's care and power, they could not enter His rest. In the end, He would not let them enter His rest.*