

December 4, 2016
Holiday Wellness • Tim Walton
John 5:1-15

Sources of wellness

1. *Society – In the form of Human Relationships*
 - The _____ generation, categorized by _____;
James 4:1-3
 - _____ relationships not enough; *Isaiah 26:9*
 - You can't give what you _____ have.

2. *Religion*
 - The perceived correlation between physical illness and _____;
John 9:2
 - The belief that this condition could be _____ through direct interaction;
Luke 17: 11-14
 - Religion was eager to judge, but reluctant to get their _____ dirty.

3. *Jesus Christ*
 - A matter of _____; *Hebrews 11:1*
 - A matter of _____. *James 2:14 - 17*

Do you want to be well?

1. Society, human relationships aren't the answer.
2. Religion isn't the answer.
3. True "wellness" is found only through a relationship with Jesus that is lived by faith, and exhibited daily, as a function of trusting in Christ.

A reading guide to prepare for next week's message is available
on the back side of the sermon notes.