

Psalm 92; Lord's Day 38
KEEP THE SABBATH DAY HOLY

- I. The privilege.
 - A. The Sabbath is a privilege, not a burden - a positive blessing (God blessed it; Gen. 2:3; Ex. 20:11).
 - 1. God's blessing set this day apart from the other six days for sacred use; hallowing it made it holy (cf. Isa. 58:13; Neh. 9:14).
 - 2. God is a covenant God, Who has a restful relationship with His people.
 - B. Thus this command touches all the days of our week and life.
 - 1. The Sabbath equips us to live properly all the days of our life so we see our whole life as a worship service.
 - 2. But Jesus is establishing His kingdom where righteousness exceeds that of the scribes and Pharisees (20).
 - C. The Fourth then obviously fits the New Dispensation, though this commandment is not specifically repeated in the New.
- II. The manner of keeping the Sabbath is resting on Jesus our Savior.
 - A. "Sabbath" means "rest," enjoying an accomplished work (as God did, Gen. 2:2).
 - 1. God gave Jesus so man can rest from the work of saving himself.
 - 2. In this way the Sabbath is a picture of heaven, the eternal Sabbath (Heb. 4:9,11).
 - B. Thus there is no rest for the wicked (Isa. 57:20,21).
 - C. The Sabbath rest is the heart of the gospel ministry to a restless world and to saints who live in this world.
- III. The implications.
 - A. God's covenant gives forgiveness, so there is no more offering for sin (Heb. 10:16-18).
 - B. Let us observe this day with great delight.
 - C. Let us work for six days.
 - D. Remember that God blessed the Sabbath day.