** | Control |

WEEK #: 1

As iron sharpens iron, so one person sharpens another. Proverbs 27:17

Purpose: Think through goals/objectives for growth in 2016. Prepare your heart to commit to this process.

Question #1: Where is it that I want to grow as a man?

(Journal areas of strength and areas of weakness. Recurring relationship issues? Lack of direction. Character issues? Other areas? Communication issues? Try to be THOROUGH throughout this week without beating yourself up.)

Question #2 Am I willing to be wrong? Vulnerable? Transparent? Will I entertain submitting to a credible authority? If not-why not?

Question #3 Am I willing to commit to a process one week at a time? Journaling will be invaluable to you—try to go daily vs. cramming before next Sunday night's video)

Action Step: Journal your answers to the questions above and read 1 Samuel 8 in preparation for next week. Think about your how you have been impacted by your father negatively and/or positively. Also think through how you are doing as a father if applicable.

Have a GREAT WEEK! Gary

I will raise up
for myself a
faithful
priest, who will
do according to
what is in my
heart and
mind. I will
firmly establish
his priestly
house, and
they will
minister before

my