

Sabbath Resource Guide

Pastor Adam Kuehner

I. PRAYER

- A. Pray through the items enumerated in your church bulletin or prayer list.
- B. Pray in preparation for (or in response to) the public worship of God, particularly the preaching of the God's word.
- C. Pray for various missions, ministries, and missionary endeavors within your own congregation, presbytery, or denomination.
- D. Pray for the advance of the Great Commission in [various nations around the world](#), including your own.
- E. Pray using [Prayer Mate](#), an app for your phone or device, designed to organize the totality of your prayer requests into a manageable daily list.

II. PRAISE

A. Psalm books

[The Book of Psalms for Worship](#) (2009)
Apps: [iPhone](#) / [Android](#)

[The Book of Psalms for Singing](#) (1973)

[The Scottish Metrical Psalter](#) (1650):
Apps: [iPhone](#) / [Android](#)

B. Psalm expositions

[Commentary on the Psalms by George Horne](#)

[The Family Worship Bible Guide by RHB](#)

[The Treasury of David by Charles Spurgeon](#)

[Notes on the Psalms by John Brown](#)

III. READING SCRIPTURE

A. Bible reading plans

[M'Cheyne Reading Plan](#)

[Other Bible plans](#)

[One Year Bible](#)

B. Study Bibles

[Reformation Heritage KJV Study Bible](#)

[Reformation Study Bible](#)

[Matthew Henry Study Bible](#)

[Geneva Study Bible](#)

C. Devotional commentaries and expositions

[Old Testament Bible History by Alfred Edersheim](#)

[The Life & Times of Jesus the Messiah by Alfred Edersheim](#)

[Expository Thoughts on the Gospels by J.C. Ryle](#)

[Matthew Henry's Commentary on the Whole Bible](#)

IV. READING CHRISTIAN BOOKS

A. Published sermons

[The Trial and Triumph of Faith by Samuel Rutherford](#)

[Human Nature in Its Fourfold State by Thomas Boston](#)

[Charity and Its Fruits by Jonathan Edwards](#)

[A Basket of Fragments by Robert Murray M'Cheyne](#)

[Revival Sermons by William C. Burns](#)

[Majesty in Misery by Charles Spurgeon](#)

[The Most Holy Place by Charles Spurgeon](#)

[Charles Ross — The Inner Sanctuary](#)

[Grace and Glory by Geerhardus Vos](#)

[The Sermon on the Mount by Martyn Lloyd-Jones](#)

[Spiritual Depression by Martyn Lloyd-Jones](#)

[O Death, Where is Thy Sting? by John Murray](#)

B. Bible character studies

By Frederick Krummacher:

[David: King of Israel](#)

[Elijah the Tishbite](#)

[Elisha: A Prophet for Our Times](#)

[The Last Days of Elisha](#)

[Twelve Sermons on Elisha](#)

By A.W. Pink:

[Gleanings in Genesis \(Patriarchs\)](#)

[Gleanings in Joshua](#)

[The Life of David](#)

[The Life of Elijah](#)

[The Life of Elisha](#)

By Alexander Stewart:

[Elisha: A Prophet of Grace](#)

[Jeremiah: The Man and His Message](#)

[Alexander Moody-Stuart — The Three Marys](#)

[Hugh Martin — Simon Peter](#)

C. Christian life and experience

[A Little Book on the Christian Life by John Calvin](#)

[Communion with the Triune God by John Owen](#)

[The Life of God in the Soul of Man by Henry Scougal](#)

[The Religious Affections by Jonathan Edwards](#)

[Personal Declension and the Revival of Religion in the Soul
by Octavius Winslow](#)

[Practical Religion by J.C. Ryle](#)

[Holiness by J.C. Ryle](#)

[Knowing and Growing in Assurance of Faith by Joel Beeke](#)

[Puritan Paperbacks \(Entire Series\)](#)

[All Things For Good by Thomas Watson](#)

[The Mystery of Providence by John Flavel](#)

[The Mortification of Sin by John Owen](#)

[Communion with God by John Owen](#)

[Precious Remedies Against Satan's Devices by Thomas Brooks](#)

[The Bruised Reed by Richard Sibbes](#)

[The Christian's Great Interest by William Guthrie](#)

[The Rare Jewel of Christian Contentment by Jeremiah Burroughs](#)

[The Crook in the Lot by Thomas Boston](#)

[Profiles in Reformed Spirituality](#) (Entire Series)

[The Soul of Life](#) (John Calvin)

[The King in His Beauty](#) (Samuel Rutherford)

[A Habitual Sight of Him](#) (Thomas Goodwin)

[Sweetly Set on God](#) (David Brainerd)

[A Sweet Flame](#) (Jonathan Edwards)

[Christ is All](#) (Horatius Bonar)

[Puritans Treasures for Today](#) (Entire Series)

[Stop Loving the World by William Greenhill](#)

[Rules for Walking in Fellowship by John Owen](#)

[Faith Seeking Assurance by Anthony Burgess](#)

[The Blessed and Boundless God by George Swinnock](#)

[Turn and Live by Nathaniel Vincent](#)

[The Fading of the Flesh and the Flourishing of Faith
by George Swinnock](#)

[Contentment, Prosperity, and the Glory of God
by Jeremiah Burroughs](#)

[Pocket Puritans](#) (Series)

[Anger Management](#) by Richard Baxter

[Binge Drinking](#) by John Flavel

[Impure Lust](#) by John Flavel

[Sinful Speech](#) by John Flavel

[Christ is Best](#) by Richard Sibbes

[United We Stand](#) by Thomas Brooks

D. Devotional books

[Morning and Evening by C.H. Spurgeon](#)

[The Poor Man's Morning and Evening Portions by Robert Hawker](#)

[Prayers of the Bible by Gordon Keddie](#)

Light and Truth by Horatius Bonar (5 vols.)

[PDF / Hard Copy](#)

[Milk and Honey](#) (Various)

E. Spiritual allegories and dialogues

[Pilgrim's Progress by John Bunyan](#)

[The Holy War by John Bunyan](#)

[The Life and Death of Mr. Badman by John Bunyan](#)

[The Marrow of Modern Divinity by Edward Fisher](#)

[A Dialogue Between a Catholic Priest and a Protestant by Matthew Poole](#)

[William the Baptist by James Chaney](#)

F. Biblical doctrine

[Knowing God by J.I. Packer](#)

[A Body of Divinity by Thomas Watson](#)

[Institutes of the Christian Religion by John Calvin](#)

[The Christian's Reasonable Service by Wilhelmus a Brakel](#) (4 vols.)

[The Existence and Attributes of God by Stephen Charnock](#)

[Commentary on the Westminster Larger Catechism by J.G. Vos](#)

[Commentary on the Heidelberg Catechism by Zachariah Ursinus](#)

[Biblical Theology by Geerhardus Vos](#)

G. Reformed creeds and confessions

[The Apostles' Creed](#)

[The Nicene Creed](#)

[The Athanasian Creed](#)

[The Three Forms of Unity](#)

[The Westminster Standards](#)

[Reformed Confessions of the 16th & 17th Centuries in English Translation
by James Dennison](#)

H. Church history

[The History of the Christian Church by Philip Schaff \(8 vols.\)](#)

[The History of Protestantism by J. A. Wylie \(4 vols.\)](#)

[The History of the Scottish Reformation by John Knox](#)

[The Scottish Covenanters by J.G. Vos](#)

[The Scots Worthies by John Howie](#)

[Our Covenant Heritage: The Covenanter's Struggle for Unity in Truth by
E.N. Moore](#)

[The Great Works of Christ in America by Cotton Mather](#)

[A Narrative of Surprising Conversions by Jonathan Edwards](#)

[Revival and Revivalism by Iain Murray](#)

[Evangelicalism Divided by Iain Murray](#)

I. Biographies

[The Confessions \(Autobiography\) by Augustine:](#)

[Jonathan Edwards: A New Biography](#) by Iain Murray

[Spurgeon's Autobiography](#)

[The Remains of Robert Murray M'Cheyne by Andrew Bonar](#)

[The Life of D. Martyn Lloyd-Jones by Iain Murray](#)

[The Life of Amy Carmichael by Iain Murray](#)

[Susie: The Life and Legacy of Susannah Spurgeon by Ray Rhodes](#)

[Iain Murray Biographies](#) (Various)

J. Journals, diaries, and letters

[Rutherford's Letters, Edited by Andrew Bonar](#)

[Collections of Letters](#) (Various)

[Brainerd's Diary & Journal by David Brainerd](#)

[Whitefield's Journals](#)

[The Diary of Andrew Bonar](#)

K. Christian poetry

[Worthy is the Lamb](#) (Puritan Poems) by Maureen Bradley

[Spurgeon's Hymnal](#) (words only)

[The Olney Hymns](#) by John Newton & William Cowper

[Poems of Robert Murray M'Cheyne](#)

[Paradise Lost](#) by John Milton

V. LISTENING

A. Online sermons

[Sermonaudio.com](#) — Recommended (Search By Name): Voddie Baucham, Joel Beeke, Gavin Beers, Gerald / Jerry Bilkes, Anthony Curto, Ted Donnelly, Sinclair Ferguson, Gary Gunn, Gary Hendrix, Gordon Keddie, D. Martyn Lloyd-Jones, Robert McCurley, Albert Martin, Andrew Quigley, Craig Scott, David Silversides, RC Sproul, Kenneth Stewart, Geoff Thomas, Paul Washer.

Reformedvoice.com — RP Preachers

[MLJ Trust Mobile App](#) — Sermons & Lectures of D. Martyn Lloyd-Jones

B. Seminary lectures and conferences

[Greenville Presbyterian Theological Seminary](#) (GPTS)

[Puritan Reformed Theological Seminary](#) (PRTS)

[Reformed Presbyterian Theological Seminary](#) (RPTS)

[The Holiness of God](#) (Sproul) — Audio

C. Shorter and larger catechism exposition

[Anthony Curto](#)

[Mark Koller](#)

[Robert McCurley](#)

[Joseph Morecraft](#)

[Dennis Prutow](#)

D. Apologetics

[Greg Bahnsen](#)

[James White](#)

[Sye Ten Bruggencate](#)

[R.C. Sproul](#)

E. Audio books

Borrow for free on Hoopladigital.com or purchase on Audible.com

The Confessions (Augustine)

A Call to the Unconverted (Baxter)

The Reformed Pastor (Baxter)

The Saints' Everlasting Rest (Baxter)

Church History 101 (Beeke)

Developing a Healthy Prayer Life (Beeke)

Family Worship (Beeke)

Fighting Satan (Beeke)

Living By God's Promises (Beeke)

Parenting By God's Promises (Beeke)

Human Nature in Its Fourfold State (Boston)

The Crook in the Lot (Boston)

Respectable Sins (Bridges)

Smooth Stones Taken From Ancient Brooks (Brooks)

Grace Abounding to the Chief of Sinners (Bunyan)

The Fear of God (Bunyan)

The Holy War (Bunyan)

The Pilgrim's Progress (Bunyan)

The Rare Jewel of Christian Contentment (Burroughs)

Institutes of the Christian Religion (Calvin)

A Little Book on the Christian Life (Calvin)

The Necessity of Reforming the Church (Calvin)

George Whitfield: God's Appointed Servant... (Dallimore)

The Freedom of the Will (Edwards)

The Religious Affections (Edwards)

The Trinitarian Devotion of John Owen (Ferguson)

The Whole Christ (Ferguson)

The Mystery of Providence (Flavel)

Learning to Love the Psalms (Godfrey)

The Christian's Labor and Reward (Gurnall)

Watchfulness (Hedges)

Disciplines of a Godly Man (Hughes)

Disciplines of a Godly Woman (Hughes)

Disciplines of a Godly Young Man (Hughes)

Welcome to a Reformed Church (Hyde)

The Gospel Focus of Charles Spurgeon (Lawson)

The Bondage of the Will (Luther)

Christianity and Liberalism (Machen)

The Autobiography of George Muller (Muller)

Christians Get Depressed Too (Murray)

Reset (Murray)

Of the Mortification of Sin in Believers (Owen)

The Death of Death in the Death of Christ (Owen)

Knowing God (Packer)

The Attributes of God (Pink)

The Doctrine of Election (Pink)

The Sovereignty of God (Pink)

Don't Waste Your Life (Piper)

Reading the Bible Supernaturally (Piper)

The Letters of Samuel Rutherford (Rutherford)

The Loveliness of Christ (Rutherford)

Holiness (Ryle)

Practical Religion (Ryle)

The True Christian (Ryle)

The Bruised Reed (Sibbes)

Everyone's a Theologian (Sproul)

The Holiness of God (Sproul)

The Legacy of Luther (Sproul)

All of Grace (Spurgeon)

C.H. Spurgeon Autobiography (2 vols.)

Reformation Women (VanDoodewaard)

The Gospel of Jesus Christ (Washer)

The Gospel's Power and Message (Washer)

The Gospel Call and True Conversion (Washer)

Gospel Assurance and Warnings (Washer)

Heaven Taken By Storm (Watson)

The Art of Divine Contentment (Watson)

A Body of Divinity (Watson)

All Things For Good (Watson)

Spiritual Disciplines of the Christian Life (Whitney)

VI. WATCHING

A. Video series & documentaries

[Behold Your God](#) (Snyder)

[The Holiness of God](#) (Sproul)

[That the World May Know](#) (Vander Laan)

[Ligonier Ministries — Teaching Series](#) (Various)

[Living Waters Ministries](#) (Comfort)

[School of Biblical Evangelism](#)

[The Apologetics Group](#)

[Knox](#) (Documentary)

[Puritan](#) (Documentary)

[The Scottish Covenanters](#) (Documentary)

[Scottish Covenanters](#) (Documentary)

[Mere Christian: The Story of Eric Liddel](#) (Documentary)

[Unpopular](#) (Documentary)

[Logic on Fire: The Life and Legacy of Dr. Martyn Lloyd-Jones](#)
(Documentary)

B. Biographical dramas

[God's Outlaw: The Story of William Tyndale](#)

[John Hus: A Journey of No Return](#)

[John Bunyan](#) (Various)

[John Wesley](#) (Various)

[C.H. Spurgeon: The People's Preacher](#)

[Candle in the Dark: The Story of William Carey](#)

[David Brainerd: Missionary to the American Indians](#)

[David Livingstone: Missionary Explorer to Africa](#)

[Bonhoeffer: Agent of Grace](#)

[Corrie Ten Boom: A Faith Undefeated](#)

[Newton's Grace: The True Story of Amazing Grace](#)

[Return to Grace: Luther's Life and Legacy](#)

C. Apologetics

[The Atheist Delusion](#) (Comfort)

[Wilson vs. Hitchens](#) (Debate on God's Existence)

[Epic Debate Over God's Existence](#) (Various)

[James White — Alpha & Omega Ministries](#)

[The Great Debate](#) (Bahnsen vs. Stein)

D. Street evangelism

Ray Comfort, Jeff Rose (Jeremiah Cry), "Go, Stand, Speak"

[Living Waters Ministries](#)

[Jeremiah Cry Ministries](#)

[Go, Stand, Speak](#)

[Tony Miano](#)

E. Miscellaneous

[HeartCry Missionary Society](#)

[Paul Washer Online](#)

[I'll Be Honest Ministries](#)

VII. WRITING

- A. [Journibles](#)
- B. [Prayer journal](#)
- C. [Scripture cards](#)

VIII. MEMORIZATION

- A. [Navigator TMS](#)
- B. [The Bible Memory App](#)
- C. [Learns scripture.net](#)

IX. VISITATION

- A. [The Visitor's Book of Texts](#) (Bonar)
- B. [Visit the Sick](#) (Croft)

Children's Guide

I. PRAYER (Recommended Activity)

A. The Lord's Prayer. Teach your children to memorize the Lord's Prayer and take some time to explain each petition and help them to pray according to this pattern.

B. Family & friends. Help your child to identify important needs among close friends and family members and help your child to seek God's face in prayer for these needs.

C. Adopt a ministry. Encourage your children to select a specific congregation, church plant, or missionary effort to pray for each Sabbath during family worship. (Provide updates on the progress of the ministry for which your child is praying or have your child contact the pastor periodically to ask for an update.)

D. Family confession. In connection with family worship, humbly address and confess family sins (both of parents and children) in prayer to God, seeking His forgiveness and the grace to overcome these sins in the future.

II. PRAISE

A. Psalm favorites. Let your children select a favorite Psalm (or Psalms) and sing together.

B. Psalm of the month. Choose a Psalm each month to sing regularly and eventually memorize.

III. READING SCRIPTURE

A. Bible plans

[Exploring the Bible: A Reading Plan for Kids](#) (David Murray)

[100 Days of Bible Reading: Vols. 1-4](#) (David Murray)

[M'Cheyne Reading Plan](#)

[One Year Bible](#)

[Other Bible Plans](#)

B. Study Bibles

[Reformation Heritage KJV Study Bible](#)

[Reformation Study Bible](#)

C. Bible study resources

[The Family Worship Bible Guide](#)

[William Hendriksen's Survey of the Bible](#)

[Brown's Dictionary of Bible Characters](#)

IV. READING CHRISTIAN BOOKS

[A. Christian Biographies for Young Readers \(Simonetta Carr\):](#) Irenaeus, Athanasius, Augustine, Martin Luther, John Calvin, Peter Martyr Vermigli, John Knox, Lady Jane Grey, Marie Durand, John Owen, Jonathan Edwards, John Newton

[B. Christian Biography Board Books for Kids \(Rebecca VanDoodeward\):](#) Katharina Luther, George Whitefield, Martyn Lloyd-Jones

C. Illustrated Bible Story Books for Kids (Catherine Mackenzie): Stories from Jesus (Series), Bible-Wise (Series), etc.

D. Bible Character Booklets for Kids (Catherine Mackenzie)

E. Illustrated History of the Three Forms of Unity: Faithfulness Under Fire (Belgic Confession), [Quest for Comfort](#) (Heidelberg Catechism), The Glory of Grace (Canons of Dort)

F. Heroes of the Faith (Sinclair Ferguson): Irenaeus, Polycarp, Ignatius

G. Banner of Truth (Various)

H. Reformation Heritage Books for Children

[Preschool \(0-4\)](#)

[Younger Elementary \(5-8\)](#)

[Older Elementary \(9-12\)](#)

[Young Teen \(13-15\)](#)

[Young Adult \(16+\)](#)

[Bible Characters](#)

[Doctrine & Catechism](#)

[History & Historical Fiction](#)

[Series for Children](#)

I. Spiritual allegories

[Pilgrim's Progress by John Bunyan](#)

[Pilgrim's Progress](#) (Additional Resources)

[The Holy War by John Bunyan](#)

[The Life and Death of Mr. Badman by John Bunyan](#)

J. Creeds and catechisms for memorization and study: Apostles' Creed, Children's Catechism, Shorter Catechism, etc.

V. LISTENING

A. Online sermons and lectures

Sermonaudio.com

Reformedvoice.com

Mljtrust.org

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[The Shorter Catechism](#) (Dennis Prutow)

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Disciplines of a Godly Young Man (Hughes)

Knowing God (Packer)

Don't Waste Your Life (Piper)

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[Living Waters Ministries](#) (Comfort)

[Mere Christian: The Story of Eric Liddel](#) (Documentary)

[Answers in Genesis](#)

[Moody Science Videos](#)

B. Biographical dramas

Search hoopladigital.com & [Amazon Prime](#) before purchasing.

[God's Outlaw: The Story of William Tyndale](#)

[John Hus: A Journey of No Return](#)

[John Bunyan](#) (Various)

[John Wesley](#) (Various)

[C.H. Spurgeon: The People's Preacher](#)

[Candle in the Dark: The Story of William Carey](#)

[David Brainerd: Missionary to the American Indians](#)

[David Livingstone: Missionary Explorer to Africa](#)

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[Corrie Ten Boom: A Faith Undefeated](#)

[Newton's Grace: The True Story of Amazing Grace](#)

[Return to Grace: Luther's Life and Legacy](#)

C. Street evangelism & apologetics

[The Atheist Delusion](#) (Comfort)

[Living Waters Ministries](#)

[Jeremiah Cry Ministries](#)

[Go. Stand. Speak](#)

[Tony Miano](#)

[Paul Washer Online](#)

[I'll Be Honest Ministries](#)

VII. WRITING

A. [Journibles](#)

B. [Prayer journal](#)

VIII. MEMORIZATION

A. [Navigator TMS](#)

B. [The Bible Memory App](#)

C. [Learns scripture.net](#)

IX. VISITATION Take your children with you when visiting a sick or elderly saint!

X. BIBLE QUIZZING GAMES (Use teams & harness desire for gracious competition.)

A. Bible Jeopardy. Create a Jeopardy game using English Bible questions, especially from material recently covered in family worship, Sabbath school, catechism, sermons, or Bible study lessons.

B. Bible questions. Nothing in the Bible is “trivial”, but try Googling “Bible Trivia Questions” and you will likely find hundreds of questions to quiz your children, either as part of a formal competition or just for fun.

Helpful article with additional ideas & resources (written by two RP pastors):

[Honoring the Sabbath with Your Children](#)