

**Help out of ...The Hole of No Hope, pt 4****Author:** Tom L. Sooter

- I. What is the third characteristic of “The Hole of No Hope”? C\_\_\_\_\_!
- A. Comparison is the fertile soil that the vegetation of “it’s not F\_\_\_\_\_” can grow in.
- B. Canon is defined as the religious S\_\_\_\_\_, rule or value system, by which a person lives and measures things.”
- C. The Bible is the Christian’s “C\_\_\_\_\_” of truth.
- D. The subtle statement that is being made by a person who is caught in the cement of C\_\_\_\_\_ is, “I don’t really like who I am, and I wish I was somebody else.”
- E. As the comparison continues ... the heart will blame God for “M\_\_\_\_\_ me this way” or “putting me in this skin, F\_\_\_\_\_, job, school, nation, church, etc.”
- F. The problem of comparison began in the Garden of Eden with S\_\_\_\_\_.
- G. The cement of comparison can harden the heart so much that all potential future S\_\_\_\_\_ for the Lord is frozen.
- II. What is the fourth characteristic of “The Hole of No Hope”? B\_\_\_\_\_!
- A. a bi-polar person is one who fluctuates between the “north pole” of A\_\_\_\_\_ and the “south pole” of D\_\_\_\_\_.
- B. Bi-polar people are always B\_\_\_\_\_ about something.
- C. The continual use of C\_\_\_\_\_ M\_\_\_\_\_, become the “habits to hide the hurts” that they do not know how to heal.
- D. To help man get over the symptoms of his hurt, three distinct P\_\_\_\_\_ groups have emerged.
1. M\_\_\_\_\_ — The study of helping relieve the P\_\_\_\_\_ health problems that plague humanity.
  2. P\_\_\_\_\_ — The study of the mental state of those people who, in varying degrees, have L\_\_\_\_\_ contact with reality and sanity.
  3. C\_\_\_\_\_ — The study of the reality of God and His B\_\_\_\_\_ laws.

- E. What is the world's way of fixing us?  
 1. D \_\_\_\_\_ 2. E \_\_\_\_\_ 3. M \_\_\_\_\_
- F. These physical recommendations do not get to the heart of the problem, and that is a H \_\_\_\_\_ (the spirit) that has been I \_\_\_\_\_ and hurt with some actual or perceived painful emotional event of life.
- G. Mental illness is just varying degrees of S \_\_\_\_\_ W \_\_\_\_\_ (planted by generational and territorial spirits) that has resulted in learned behaviour that has not been biblically addressed and confessed.
- H. Man's conscience and thoughts will always be A \_\_\_\_\_ or excusing him.
- I. As man sins and resists the grace of God, he will fall deeper and deeper into B \_\_\_\_\_ and G \_\_\_\_\_.
- J. Once a person has stepped away from making sane, responsible, Biblical decisions, he/she becomes a candidate for M \_\_\_\_\_ I \_\_\_\_\_, which leads to "nervous" or "mental" breakdowns.
- K. The Biblical solution for emotional, mental, and physical problems is to have a right R \_\_\_\_\_ with God through salvation in His Son, Jesus Christ, and O \_\_\_\_\_ to God's Word.
- L. "The P \_\_\_\_\_ of God which passeth all understanding, shall keep your hearts and minds through Christ Jesus" (Philippians 4:7).
- M. A hurt is something that causes a person to frequently ask "W \_\_\_\_\_" and compare their life with others.
- N. Bitterness, if not diagnosed, will always spread to thoughts of H \_\_\_\_\_ yourself and S \_\_\_\_\_, which is the fifth characteristic of the hole of no hope.