

SUNDAY SCHOOL

GETTING TO THE **H**EART OF WHAT THEY ARE SAYING

1/28/2024

Lesson 4: Psalm 73 – Getting to the Heart

Text: Psalm 73

Theme: What we say in our frustration reveals what's in our heart.

- ? What are some of the alarming statements that Asaph makes in Psalm 73?

- ? What does this reveal about Asaph's thinking?

- ? If someone would make similar comments to us, how should we respond? What should we say or ask?

This is **key** to the direction of our study

While as Christians we may or may not make the previous statements, we often make statements to people who are struggling that aren't **helpful or hope-filled**

What are some of the things WE say?

In Christianity we need to have a kind of a "judge-free zone" – within reason. What do I mean by that?

We must also know how to respond once they have shared with us how they are thinking or feeling. **Do you know what to say?**

H - Hear

O – Observe (ask questions)

P – Prayer

E – Encourage (sometimes using principles/promises)