

**Wildwood Baptist Church**

January 29, 2012

**“Shhh. . .Empty”**

*Matthew 9: 14-17; Matthew 9: 15; John 3: 29*

Empty:

Fasting helps when you're **seeking** God's will, celebration follows receiving the answer.

*Matthew 9: 16*

Empty:

Jesus wants us to **give** ourselves fully to Him so we can be fully **changed** forever.

*Matthew 9: 17*

How can things become new?

1. Fully **submit**.
2. Become **restored**.
3. **Respond** to Him.

Empty:

We seek the Lord through **fasting**.

*Acts 13: 1-3*

Fasting

1. Fasting was still **practiced** after Jesus came.

*Matthew 9: 15b*

2. Fasting can be called for a **group** to be done together.

*Matthew 6: 17-18*

3. Fasting should be done when asking God for special **guidance** or divine intervention.

*Acts 13: 2-3*

4. Fasting has **changed** the course of history.

*2 Chronicles 20: 3-4, 15*

*“The fast day was a glorious day, such as London has scarce seen since the Restoration. Every church in the city was more than full, and a solemn seriousness sat on every face. Surely God heareth prayer, and there will yet be a lengthening of our tranquility.” - John Wesley*

*“Humility was turned into national rejoicing for the threatened invasion by the French was averted.” - John Wesley*

5. Fasting **changes** the destinies of people, churches and nations.

*Jonah 3: 5-7, 10; 2 Chronicles 7: 14*

