



# **BREATH AND BLOOD! (MASK MANIA)**

**Pastor Joey Faust  
(1-3-21)**

**TEXT: Genesis 2:7 And the Lord God formed man of the dust of the ground, and breathed into his nostrils **the breath of life**; and man became a living soul.**

**Hebrews 12:1** Wherefore seeing we also are compassed about with so great a cloud of witnesses, **let us lay aside every weight, and the sin** which doth so easily beset us, and **let us run** with patience the race that is set before us,

**John 10:10 The thief cometh not,  
but for to steal, and to kill, and to  
destroy: I am come that they  
might have **life**, and that they  
might **have it more abundantly.****

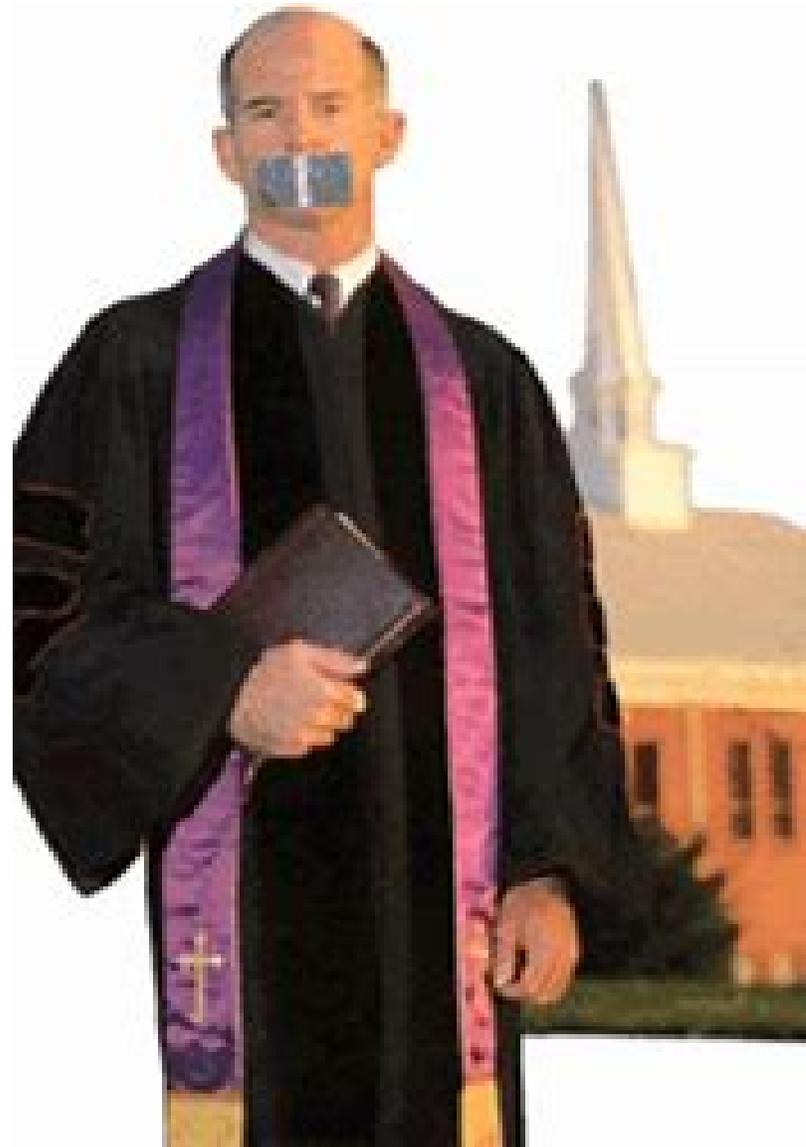
**Deuteronomy 12:23 Only be sure  
that thou eat not the blood: for  
the blood is the life; and thou  
mayest not eat the life with the  
flesh.**

**Jeremiah 7:29 Cut off thine hair, O  
Jerusalem, and cast it away, and take  
up a lamentation on high places; for  
the LORD hath rejected and  
forsaken the generation of his wrath.**

**Isaiah 30:1** Woe to the rebellious children, saith the Lord, that take counsel, but not of me; and **that cover with a covering, but not of my spirit**, that they may add sin to sin:

**Jeremiah 51:51** We are confounded,  
because we have heard reproach:  
**shame hath covered our faces:** for  
**strangers are come into the**  
**sanctuaries** of the Lord's house.

**Micah 3:7** Then shall the seers be  
ashamed, and the diviners confounded:  
yea, **they shall all cover their lips**; for  
there is no answer of God.



Isaiah 25:7 And he will destroy in  
this mountain **the face of the  
covering** cast over all people, and  
**the veil** that is spread over all  
nations.

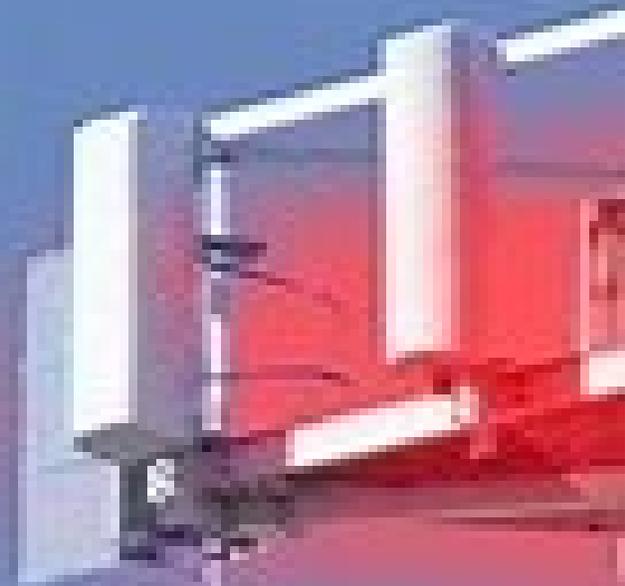
"...these results indicate that **ocular** surface cells...are susceptible to infection by SARS-CoV-2, and could therefore serve as a portal of entry as well as a reservoir for person-to-person transmission of this virus."

(The Ocular Surface doi: 10.1016/j.jtos.2020.06.007)



**"Fast forward to the Internet and cell phone era. According to Firstenberg, the onset of cell phone service in 1996 resulted in greater levels of mortality in major cities...On September 26, 2019, Wuhan, China turned on fifth generation (5G) wireless and officially launched 5G on November 1, with a grid of about ten thousand antennas - more antennas than exist in the whole U.S. - all concentrated in one city. Soon we began hearing about a strange new illness coming from this highly industrialized location. A spike in cases also occurred on February thirteenth, the same week that Wuhan turned on its 5G network for monitoring traffic...Illness has followed 5G installation in all the major cities in America...The fact that some 5G transmitters broadcast at 60 GHz is of particular concern.**

5G  
KILL  
GRID



**According to telecommunications industry literature, this frequency is highly absorbed by oxygen, causing the O<sub>2</sub> molecule to split apart and making it useless for respiration...Guidelines published in 2016 by EUROPAEM EMEF, a non profit watchdog organization, state that 'there is strong evidence that long-term exposure to certain EMFs is a risk factor for diseases such as certain cancers, Alzheimer's disease, and male infertility.'**

**Describing common symptoms of electromagnetic hypersensitivity (also called microwave illness), the authors cite 'headaches, concentration difficulties, sleep problems, depression, lack of energy, fatigue, and flu-like symptoms...'**...

**A study published in Oncology Journal describes lung injury from radiation therapy. Radiation therapy uses shorter waves at close range for a shorter period of time. It stands to reason that 5G millimeter waves - with 4G transmitters nearby pulsing massive amounts of frequency day and night - could also cause lung injury...The correlation of the 5G rollout and Covid-19 cases - and the similarity of symptoms - should give us pause. Shouldn't we be looking more closely before we institute mandatory vaccination and electronic ID chipping?..." (Sally Fallon Morell)**

**"Which environmental factors are affecting many people in the same place at the same time? One obvious candidate is electromagnetic pollution...Dr. Cameron Kyle-Sidell, working on the front lines in a New York City hospital, made a video explaining what he has observed, 'We've never seen anything like it!' The afflicted are literally gasping for air. In fact, the ventilators that the hospitals have scrambled to obtain do more harm than good and may be accounting for the high mortality rate. These patients don't need help breathing - they need more oxygen when they take a breath'...What Kyle-Sidell describes is...**a disruption of our mechanisms for producing energy and getting oxygen to the red blood cells...**" (Sally Fallon Morell)**

*"A Strategic Call to Utilize Echinacea-Garlic in Flu-Cold Seasons, Tariq Abdullah, MD...In vivo studies years ago in Japan revealed how laboratory mice **could not be inoculated with the influenza virus, intranasally, when garlic was administered...**"*



**"...Several studies have reported that exposure to EMF results in oxidative stress in many tissues of the body. Exposure to EMF is known to increase free radical concentrations...One study reported that extremely low exposure to EMF from mobile phones may cause health problems...Several studies have reported findings such as stress, headache, tiredness, anxiety, decreased learning potential, impairment in cognitive functions and poor concentration in case of exposure to microwave radiation emitted from mobile phones...**

**EMFs influence metabolic processes in the human body and exert various biological effects on cells through a range of mechanisms. EMF disrupts the chemical structures of tissue since a high degree electromagnetic energy absorption can change the electric current in the body. As a result of this exposure, the functions of organs are affected...Low frequency (0–300 Hz) and RF (10 MHz–300 GHz) EMF has also been reported to alter the permeability of the blood–brain barrier.. At the same time, these changes in the blood-brain barrier may lead to excess accumulation of heavy metals and specifically of iron in the brain.**

**This effect may trigger several neuronal disorders...Some studies have reported that DNA damage and blood–brain barrier disruption is connected, and that autism spectrum conditions are associated with EMF exposure. The disruption of fertility and reproduction associated with EMF/RFER may also be related to the increasing incidence of autism spectrum...**

**Neuroendocrine changes caused by EMFs** are a key factor in changing hormone functions...**Glutathione (GSH)** is an...antioxidant and an important **cellular defense** agent against oxidative damage. GSH reacts with the free radicals in the cell...EMF emitted by cellular phones is known to be related to a decreased level of GSH in brain tissue and blood...Antioxidants alleviate the potential risks of EMF exposure..."

(J Microsc Ultrastruct. 2017 Oct-Dec;)

*"Oxidative stress induced by 1.8 GHz radio frequency electromagnetic radiation and **effects of garlic** extract in rats...Purpose: We aimed to study the oxidative damage induced by radiofrequency electromagnetic radiation (RF-EMR) emitted by mobile telephones and **the protective effect of garlic** extract used as an anti-oxidant against this damage...Conclusions: The exposure of RF-EMR similar to 1.8 GHz Global system for mobile communication (GSM) leads to protein oxidation in brain tissue...We observed that **garlic administration reduced protein oxidation in brain** tissue..."* (International Journal of Radiation Biology; 2012; 88 (11): 799-805)

**"It's the most important molecule you need to stay healthy and prevent disease - yet you've probably never heard of it. It's the secret to prevent aging, cancer, heart disease, dementia and more, and necessary to treat everything from autism to Alzheimer's disease. There are more than 89,000 medical articles about it - but your doctor doesn't know how to address the epidemic deficiency of this critical life-giving molecule...The good news is that your body produces its own glutathione. The bad news is that poor diet, pollution, toxins, medications, stress, trauma, aging, infections and radiation all deplete your glutathione..."**

**I have discovered that glutathione deficiency is found in nearly all very ill patients...over the years I have come to realize that our ability to produce and maintain a high level of glutathione is critical to recovery from nearly all chronic illness...The secret of its power is the sulfur (SH) chemical groups it contains. Sulfur is a sticky, smelly molecule. It acts like fly paper and all the bad things in the body stick onto it, including free radicals and toxins like mercury and other heavy metals...Glutathione is also the most critical and integral part of your detoxification system..**

**Research has shown that raised glutathione levels decrease muscle damage, reduce recovery time, increase strength and endurance and shift metabolism from fat production to muscle development... you can do many things to increase this natural and critical molecule in your body. You can eat glutathione-boosting foods...**Consume sulfur-rich foods. The main ones in the diet are garlic, onions...** Exercise boosts your glutathione levels and thereby helps boost your immune system, improve detoxification and enhance your body's own antioxidant defenses...Selenium. This important mineral helps the body recycle and produce more glutathione..." (Mark Hyman, M.D.; "Glutathione: The Mother of All Antioxidants")**

**EMF of cellular phones may affect biological systems by increasing free radicals...by changing the antioxidative activities of liver, thus leading to oxidative damage. CAPE, an active component of propolis extract, exhibits antioxidant properties and several studies suggest that supplementation with antioxidant can influence EMF exposure induced hepatotoxicity...The activities of SOD and **GSH-Px [glutathione]** **decreased** in the 900 MHz EMF group compared with the control group, **although their levels were increased by EMF + CAPE administration...**"**

**(Toxicol Ind Health, 2009 Jul;25)**

**Resveratrol may reverse the effects of long-term occupational exposure to electromagnetic fields on workers of a power plant...This study supported that occupational and long-term exposure to high-voltage electricity lines has an adverse effect on homeostasis of human body, and resveratrol supplement could be an effective protection strategy against the adverse effects induced by ELF-EMFs.'**  
**(Oncotarget, 2017 Jul 18;8(29):47497-47506.)**



**"Healthy blood consists of erythrocytes (red blood cells), which are round and which float freely in the plasma...Figure 4 shows live blood...in an electromagnetically clean environment (A) and the blood from the same person spoke on a cordless phone for 10 min (B) and after using a wired computer for 70 min (C). The [red blood cells] are sticking together and resemble a stack of coins..." (Rev Environ Health 2013; 28(2-3): 75–84)**

'...hydrogen sulfide...acts as a chemical messenger in the body, relaxing blood vessels and allowing more blood to pass through,' said researcher Dipak Das in a statement...**Both crushed and processed garlic reduced damage from lack of oxygen,** but the fresh garlic group had a significantly greater effect on restoring good blood flow in the aorta...' (*Reuter's*, Jul., 2009)

***"Headaches and the N95 face-mask amongst healthcare providers...During the 2003 severe acute respiratory distress syndrome epidemic, healthcare workers mandatorily wore the protective N95 face-mask...37.3% [of] respondents reported face-mask-associated headaches..."***

**(Acta Neurol Scand. 2006 Mar; 113(3))**

**"Chinese study finds most masks shed microplastic fibres that are inhaled by the wearer and could be harmful...Scientists first discovered microplastics in the lung tissue of some patients who died of lung cancer in the 1990s, and many other studies have since highlighted the potential damage to health caused by such materials...Some studies have found that the immune system can attack these foreign objects, causing prolonged inflammation that can lead to diseases such as cancer..The institute's study also found that reused masks produced more loosened fibres..."**

**(SCMP, Jan. 2, 2021)**

*"Blaylock: Face Masks Pose Serious Risks To The Healthy...* With the advent of the so-called COVID-19 pandemic, we have seen a number of medical practices that have little or no scientific support as regards reducing the spread of this infection. **One of these measures is the wearing of facial masks, either a surgical-type mask, bandana or N95 respirator mask..**

**Only a very small number of people are at risk of a potentially serious outcome from the infection...There is growing evidence that the treatment protocol issued to treating doctors by the Center for Disease Control and Prevention (CDC), mainly intubation [inserting a tube through the mouth and then into the airway,] and use of a ventilator (respirator), may have contributed significantly to the high death rate in these select individuals...As for the scientific support for the use of face mask, a recent careful examination of the literature, in which 17 of the best studies were analyzed, concluded that, 'None of the studies established a conclusive relationship between mask/respirator use and protection against influenza infection'...**

**It is also instructive to know that until recently, the CDC did not recommend wearing a face mask or covering of any kind, unless a person was known to be infected, that is, until recently...are there dangers to wearing a face mask, especially for long periods? Several studies have indeed found significant problems with wearing such a mask. This can vary from headaches, to increased airway resistance, carbon dioxide accumulation, to hypoxia, all the way to serious life-threatening complications...It is known that the N95 mask, if worn for hours, can reduce blood oxygenation as much as 20%, which can lead to a loss of consciousness, as happened to the hapless fellow driving around alone in his car wearing an N95 mask, causing him to pass out, and to crash his car and sustain injuries.**

**I am sure that we have several cases of elderly individuals or any person with poor lung function passing out, hitting their head. This, of course, can lead to death...A more recent study involving 159 healthcare workers aged 21 to 35 years of age found that 81% developed headaches from wearing a face mask. [Headache 2020; Headaches associated with personal protective equipment] Some had pre-existing headaches that were precipitated by the masks. All felt like the headaches affected their work performance...**

**While most agree that the N95 mask can cause significant hypoxia and hypercapnia, another study of surgical masks found significant reductions in blood oxygen as well. In this study, researchers examined the blood oxygen levels in 53 surgeons using an oximeter. They measured blood oxygenation before surgery as well as at the end of surgeries [Neurocirugia 2008;19:12-126.] The researchers found that the mask reduced the blood oxygen levels...significantly. The longer the duration of wearing the mask, the greater the fall in blood oxygen levels...The importance of these findings is that a drop in oxygen levels (hypoxia) is associated with an impairment in immunity. Studies have shown that hypoxia can inhibit the type of main immune cells used to fight viral infections...**

**In essence, your mask may very well put you at an increased risk of infections and if so, having a much worse outcome...People with cancer, especially if the cancer has spread, will be at a further risk from prolonged hypoxia as the cancer grows best in a microenvironment that is low in oxygen. Low oxygen also promotes inflammation which can promote the growth, invasion and spread of cancers...Repeated episodes of hypoxia has been proposed as a significant factor in...all cardiovascular (heart attacks)...(strokes) diseases...**

**When a person is infected with a respiratory virus, they will expel some of the virus with each breath. If they are wearing a mask, especially an N95 mask or other tightly fitting mask, they will be constantly rebreathing the viruses, raising the concentration of the virus in the lungs and the nasal passages. We know that people who have the worst reactions to the coronavirus have the highest concentrations of the virus early on...It gets even more frightening. Newer evidence suggests that in some cases the virus can enter the brain...In most instances it enters the brain by way of the olfactory nerves (smell nerves), which connect directly with the area of the brain dealing with recent memory and memory consolidation...**

**By wearing a mask, the exhaled viruses will not be able to escape and will concentrate in the nasal passages, enter the olfactory nerves and travel into the brain...One should not attack and insult those who have chosen not to wear a mask, as these studies suggest that is the wise choice to make.'**

**(Russell Blaylock, MD, *Technocracy*, May 11, 2020; Retired neurosurgeon)**

**2 Corinthians 3:17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is **liberty**.**

**18 But we all, **with open face** beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.**