

*Cain and Abel*  
**Genesis 4:1-16**

Main Point:

You have a murderous heart like Cain, but Jesus poured out His righteous blood so that you would love your neighbor instead.

1. Your inner anger reveals that you have a murderous heart like Cain.

2. Your angry actions also reveal that you have a murderous heart like Cain.

3. God justly punishes those who have such murderous hearts.

4. But, like Abel, Jesus' righteous blood was shed for those with murderous hearts.

Cross-References and Quotations:

**Hebrews 11:4** <sup>4</sup> By faith Abel offered to God a more excellent sacrifice than Cain ... (NKJV)

**Allen Ross** "Whereas Eve had to be talked into her sin by the serpent, it appears that Cain would not be talked out of his intended sin, even by the Lord himself ..."

**Isaiah 26:21** <sup>21</sup> For behold, the LORD is coming out from his place to punish the inhabitants of the earth for their iniquity, and the earth will disclose the blood shed on it, and will no more cover its slain. (ESV)

**Matthew 6:21-22** <sup>21</sup> "You have heard that it was said to those of old, 'You shall not murder, and whoever murders will be in danger of the judgment.' <sup>22</sup> "But I say to you that whoever is angry with his brother without a cause shall be in danger of the judgment ... (NKJV)

**Hebrews 12:24** <sup>24</sup> to Jesus the Mediator of the new covenant, and to the blood of sprinkling that speaks better things than *that of Abel*. (NKJV)

**1 John 1:7** <sup>7</sup> But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. (NKJV)

**1 John 3:11-12, 14** <sup>11</sup> For this is the message that you heard from the beginning, that we should love one another, <sup>12</sup> not as Cain *who* was of the wicked one and murdered his brother ... <sup>14</sup> We know that we have passed from death to life, because we love the brethren ... (NKJV)