GOD'S ANTIDOTE TO WORRY

Series: Stressbusters - Part 1 Psalm 23:1 Bro. Mark Winn, FBC Coahoma 1/5/14am

The Problem with Worry:

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"The Lord is my shepherd; I have everything I need." Ps. 23:1

What Does A Shepherd Do?

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"God	takes care of his people like a shepher	d" Isa.	40:11	(NCV)

"My God will meet all your needs according to his glorious riches in Christ Jesus." Phil 4:19

How Can I Let God Be My Shepherd?

Accept _

"The Lord is my shepherd" Ps. 23:1 Jesus said, "I am the good shepherd... my sheep know me... they listen to my voice, and they follow me." John 10:14, 27 Who is in control of your life? "Playing God" is the root of worry

Begin_

"Don't worry about anything; instead, pray about everything; tell God your needs... If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand." Phil 4:6-7 (LB) "Cast all your anxiety on him because he cares for you." I Peter 5:7

Consider_

"So don't be anxious about tomorrow, God will take care of your tomorrow too. Live one day at a time." Matt. 6:34 (LB)

"Give us today our daily bread." Matt. 6:11

"Your heavenly Father already knows perfectly well what you need, and he will give them to you if you give him first place in your life and live as he wants you to." Matt. 6:32-33 (LB)