

**“Our Times Are In His Hands”**  
**Psalm 90**

**Introduction:**

**Proposition:** Scripture teaches that the Lord works everything out in time and eternity according to His sovereign plan and purpose. At the same time, we struggle to understand how this is true in light of the confusing and even evil events that occur every day. It is only by reorienting our minds according to the truth that we can find comfort and answers to our questions.

**I. The Lord is the great King of eternity**

**II. Our lives are nothing but vapor without Him**

**III. Living life in the light of the King of eternity**

**Conclusion:**