

# Overcoming Doubt

## Following Jesus – Reassuring John the Baptist

Matthew 11:1-6

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### Bottom Line:

Jesus Christ is the central figure of the world, the church, and our individual lives. He is worthy of our full attention and our best efforts in developing a stronger relationship with Him!

1. Recognize that you are not \_\_\_\_\_ if you experience times of \_\_\_\_\_ and struggles in your faith.  
Matthew 11:1-3; Matthew 11:10-11

### Doubt Defined:

*“uncertainty of belief or opinion that \_\_\_\_\_ with right decision making and motivation.”*

2. Remember to take your \_\_\_\_\_ to the Lord (and to mature believers ). Matthew 11:3

3. Recommit to finding \_\_\_\_\_ to your struggles in the Word of God itself. Matthew 11:4-6

A. Release your \_\_\_\_\_ hurts/hangups that cannot be changed. *Philippians 3:13*

B. Respond rightly to your \_\_\_\_\_ by rejecting negative/destructive thoughts. *2 Cor. 10:5; Romans 12:2*

C. Refocus on your eternal \_\_\_\_\_ while in your faith struggle. *1 Timothy 1:18-19*

D. Rejoice in God's \_\_\_\_\_ as you move forward faithfully. *Hebrews 10:23*

4. Realize that not every “faith \_\_\_\_\_” will be answered in this life. *Matthew 11:6*

### Steps to confront your doubt effectively:

- F \_\_\_\_\_ the source of you doubt.

- A \_\_\_\_\_ God and others for help.

- I \_\_\_\_\_ steps to grow from this struggle.

- T \_\_\_\_\_ God if the struggle has no definitive remedy.

- H \_\_\_\_\_ an open heart to what God wants to teach you.