



## “Spiritual Restoration”

Rebuilding Your Faith

James 4:7-10

*Spiritual Vitality is nourished by :*

### I. Submission – “Submit yourselves” (v. 7)

*It enables Our :*

A. **Protection** – “*Submit...to God*”

B. **Prevention** – “*Resist the devil*”

C. **Peace** – “*he will flee from you*”

### II. Sincerity- “Draw nigh” (v. 8)

*It exposes Our:*

A. **Heart** – “*He will draw nigh to you...purify hearts*”

B. **Hands** – “*Cleanse your hands*”

C. **Head** – “*ye double minded*”

### III. Seriousness - “Be afflicted” (v. 9-10)

*It evokes Our:*

A. **Sorrow** – “*mourn and weep*”

B. **Spontaneity** – “*laughter be turned... joy to heaviness*”

C. **Shame** – “*humble yourselves...He shall lift*”

## Conclusion:

- Spiritual Vitality is Connected to Our Character.

Wear dirty gloves carrying a hammer and act careless and maybe angry and ask people in the congregation for stuff to share, hold, work on...No, they don't want you to...Why...You are unfit....How do you get fit? Hands Heart and Head.

## REVIEW of James

This passage is sandwiched between the word “humble “ at the end of verse 6 and the word “Humble” at the beginning of verse 10. Needless to say...Humility is required to “GET” this passage. Perhaps we should start with a prayer of humility and ask the Lord to get through to our thick heads and hearts that we may see our filthy hands....

## EXEGESIS

## V. 7

- Submit = “hupotasso” – an act of voluntary submission or placing yourself under someone else’s authority. Only you can do this and YOU CAN DO THIS !!
- Submit to God = You can submit to a lot of people and programs (ie. Previous passage talks about friendship with the World) but ...GOD is wanting you to focus on HIM !
- Resist the Devil = notice the order...Submit then Resist...= Resist means to Withstand = really it talks about putting yourself in a place of strength = “ A mighty Fortress is Our God, a bulwark never failing” – Get Hymn and read portions
- He will flee from You – not maybe ...but will flee and oh the glee when thee shall flee...

## v.8

- Draw nigh to God = “Ya’ll come to see Us, ya hear!” this is the very intentional notion, motion, and emotion of coming to God for intimacy. We do it in several ways, What are the ways:
  - Prayer
  - Bible Study

- Meditating or thinkin about scripture
- Church services
- Fellowship with His people
- Serving Him by being a part of God’s work in someone else’s life.

- He will draw nigh to you = It is automatic and promised. It is what Rev. 3:20 is talking about ...Lets read it.
- Cleanse your hands, ye sinners = You know you have sinned...now go and wash up before coming to the table.
- Purify your hearts = Where is your affections...not on the Lord Will or Work but on your own selfishness
- Ye double minded = Split Loyalties and mixed up emotions.
- WE see that God says our Spiritual Vitality is connected to Our
- NOTIONS,MOTIONS, and EMOTIONS

## v. 9

- Be Afflicted and mourn, and weep = the description of Grief and grieving. That is because Sin leads to death and the Loss of much Blessing.
- Let your Laughter be turned into mourning = Allow God to move you in your emotions and understanding...A Spontaneity is being talked about here. Let = Allow it to happen, because if you take care of your Notions, Motions, and Emotions...then God will spontaneously move you with passion and compassion. Do the Right things without the feelings and when you do the feeling will automatically begin to kick in....

v. 10

- Humble yourselves = be very aware of your sin and respond by understanding the shame associated with it.

- In the sight of the Lord = This where the shame is to come from...God sees it and we should be ashamed before Him
- He shall = The fact of the matter = It is gonna happen...Count on it ...It rests in His hands...You can count on Him because of His past performance ...It is not shameful
- Lift you up = Exalt = Use you to Glorify Himself and in the process Exalt or bring Honor on You.

### *More Verses on the Seriousness of Spiritual Warfare*

*Luke 22:31*

*Isaiah 6:1-8*

*I John 1:9*

*Revelation 1:17*

*I Timothy 3:6-7*

*II Timothy 2:26*

*I Peter 5:8*

*Ephesians 4:27; 6:11*

*I John 3:8-10*

- *Spiritual Vitality is connected to Our Character.*