

III. PRIDE VS. HUMILITY

Self centered **pride** is at the heart of every bad fight.

- A. Admit when you are **wrong**.

“Confess your trespasses to one another, and pray for one another, that you may be healed...”

James 5:16a

- B. Seek first to **understand**.

“In the multitude of words sin is not lacking, But he who restrains his lips is wise.” Proverbs 10:19

- C. Decide to **forgive**.

“bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.”

Colossians 3:13

A great marriage requires two great **forgivers**!!

Are You Enjoying Deep Love Through Conflict?

“Above all, love each other deeply”

I Peter 4:8

DEEP LOVE ~ ENJOYING STRONG RELATIONSHIPS

Conflict

Pastor Steve Reynolds

INTRODUCTION

- A. No one wants a shallow relationship, right? We want to sink the roots of our relationship deep into love. Deeper conversations and bonding. Deeper intimacy and passion. And that’s exactly what the *Deep Love* relationship series can do for you. It’s for couples and individuals who want to move from broken to better as well as those moving from good to great.

“Above all, love each other deeply”

I Peter 4:8

- B. This series will help you learn how to enjoy strong relationships and make your relationships everything you want them to be.

Feb 12	Personality
Feb 19	Communication
TODAY	Conflict
Mar 5	Intimacy
Mar 12	Adaptability
Mar 19	Harmony

- C. **TEXT:** Proverbs 15:1 (Pew Bible/Pg. 629/Old Test.)

HOW TO ENJOY DEEP LOVE THROUGH CONFLICT

I. CONFLICT VS. PEACE

Conflict is the **price** we pay for deep relationships.

- A. Do what **you** can to avoid conflict.

“If it is possible, as much as depends on you, live peaceably with all men.” Romans 12:18

- B. Make conflict resolution a **priority**.

*“23 Therefore if you bring your gift to the altar, and there remember that your brother has something against you,
24 leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift.”* Matthew 5:23-24

- C. Seek to figure out a **long term** resolution to each conflict.

“It is honorable for a man to stop striving, Since any fool can start a quarrel.” Proverbs 20:3

When you are able to experience and resolve conflict it builds **trust**.

II. GOOD VS. BAD FIGHTS

It's not whether you fight, but **how** you fight that makes the difference.

- A. Resolve conflicts **personally**.

“Moreover if your brother sins against you, go and tell him his fault between you and him alone. If he hears you, you have gained your brother.”

Matthew 18:15

- B. Resolve conflicts **daily**.

“Be angry, and do not sin”: do not let the sun go down on your wrath,”

Ephesians 4:26

- C. Resolve conflicts **calmly**.

“An angry man stirs up strife, And a furious man abounds in transgression.”

Proverbs 29:2

- D. Resolve conflicts **honestly**.

“Lying lips are an abomination to the LORD, But those who deal truthfully are His delight.”

Proverbs 12:22

- E. Resolve conflicts **positively**.

“There is one who speaks like the piercings of a sword, But the tongue of the wise promotes health.”

Proverbs 12:18

Attack the **problem**, not the person.