

Isaiah 58; Lord's Day 38
KEEP THE SABBATH HOLY

- I. An abiding command.
 - A. The Sabbath is a creation ordinance.
 - B. Remember that God blessed the Sabbath (Ex. 20:11 with Gen. 2:3).
 - C. The Sabbath is one of the ten, which Jesus did not abolish when He fulfilled them.
 - D. Jesus declared Himself to be the Lord of the Sabbath (Mark 2:28), and He is still its Lord.
 - E. Jesus said that Sabbath keeping would be taking place when He returns (Matt. 24:20).
 - F. The Sabbath is a picture of heaven, the eternal Sabbath (Heb. 4:9:11).
- II. The essence of the Sabbath is resting on our Savior and His perfect work.
 - A. "Sabbath" means rest, a cessation of all work and an enjoying of a finished, accomplished work.
 - B. Thus the fourth command touches all the days of the week and all of our life.
 - C. The Lord of the Sabbath changed the Sabbath day to the first day of the week, not the church.
- III. Delightful observance of this day.
 - A. If Adam, before sin, needed a separation of one day from the other days in order to worship God, then we need it much more.
 - B. Let us rest in Jesus' completed work, enjoying His perfect work of redemption.
 - C. Sanctify the day (not a few hours) by keeping it holy, i.e. separated from common use and dedicated to His praise.
 - D. It means that we work for six days, just as our Father works.
 - E. The "schools" refers primarily to the education of men for proclaiming the gospel.
 - F. Remember that God still blesses the Sabbath day.