

SERMON NOTES

February 26, 2017

HAVING A MELTDOWN?

THE TRIGGER

- Depression can come from situations in life.
- Depression can be a chemical imbalance.
- Depression can be triggered by the aging process.

Ahab & Jezebel - worship the false gods of Baal and Asherah
Elijah - worshipper of The LORD God Almighty

LEADING UP TO DEPRESSION

- ① _____ 1 Kings 18:16-19
- ② Self-_____ 1 Kings 18:20-24
- ③ _____ 1 Kings 18:25-29
- ④ A _____ Victory 1 Kings 18:30-39
- ⑤ _____ confrontation 1 Kings 19:1-4
- ⑥ Take care of yourself _____ 1 Kings 19:5-9
- ⑦ I'm all _____ 1 Kings 19:10
- ⑧ Keep _____ God and _____ what He asks 1 Kings 19:11-18

HAVE YOUR MELTDOWN WITH GOD

* God understand who _____ are and what _____ going through

I NEED YOU MORE

2 Corinthians 4:7-9 *But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us.*

⁸ *We are hard pressed on every side, but not crushed; perplexed, but not in despair;* ⁹ *persecuted, but not abandoned; struck down, but not destroyed.*

"...many of Jesus' disciples turned back & no longer followed Him." (John 6:66)

All references taken from The New International Version of the Bible unless noted.

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GOALS FOR 2017

❶ **Generosity** - To develop an attitude and atmosphere of generosity in our lives and in our church.

- Being generous with our TIME, TALENTS and TREASURES.

Psalm 112:5 *Good will come to those who are generous and lend freely, who conduct their affairs with justice.*

☺ Email Pastor Evan thru-out the year your stories of how God has used you. evan2300@yahoo.com

❷ **Anything** - Challenge ourselves to say to God "I will do anything you ask."

Isaiah 6:8 *Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!" parallels the Our Father Jesus told is to pray*

☺ We will start with small challenges and expand to bigger, all encompassing, challenges thru-out the year.

❸ **Media Sharing and Encouragement** - Pictures & videos downloaded to a central site where someone will edit them so we can show them at our services.

Philippians 1:7 *It is right for me to feel this way about all of you, since I have you in my heart and, whether I am in chains or defending and confirming the gospel, all of you share in God's grace with me.*

☺ Take pictures or videos whenever you're at a church event, then upload them to the website in the program.

❹ **Children's Ministry** - We want to breathe new life and excitement into our Children's Ministry.

Matthew 19:13-15 *Then people brought little children to Jesus for him to place his hands on them and pray for them. But the disciples rebuked them.*

☺ Pray about volunteering in our children's ministry in 2017

❺ **Social Media Guru** - Put someone on staff that will keep our church current with social media.

1 Corinthians 9:22-23 *To the weak I became weak, to win the weak. I have become all things to all people so that by all possible means I might save some. 23 I do all this for the sake of the gospel, that I may share in its blessings.*

☺ We will use Social Media to help make our church known.

❻ **A Christmas offering for a missionary family** – At Christmas time we will practice less gift giving to each other, and then use the money we save to support one of our Missionaries.

* **Make it personal**

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