## Disciple with Hope — Psalm 46:1 (adapted from Faith Biblical Counseling)

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2. To build hope in a relationship you must <u>listen</u> well. What to listen for when discipling?

3. Define Hope: The confident expectation of past, present, and future blessings from God.

a. Wait: Jeremiah 29:9-14

b. Trust: Romans 15:13

c. Believe: Isaiah 40:31

d. Expect: Psalm 145:15

e. Assure: Proverbs 14:26

f. Endure: Romans 5:1-5

g. Protect: Psalm 26:1

- 4. Ways to address hope when discipling:
  - a. Build confidence in God's Word
  - b. Clarify correct expectations
  - c. Identify blessings of God

<li>d. Est</li>	tablish	ı the	reliability	of (	God
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- i. Past:
- ii. Present:
- iii. Future:

## 5. Praying for those we disciple:

- a. Ask the Holy Spirit to lead to His Word
- b. Ask for them to **know** the person of Jesus
- c. Ask for them to experience hope

## 6. Homework Ideas:

- a. Memorize Scripture
- b. Read Key Scriptures
- c. Mediate and journal on the key Scriptures (apply)
- d. Pray back the Scripture
- e. Physical, Social, Emotional, Mental aspects