

Intro: LC 116: Sanctify perpetual “Lord's Day”. How: WLC Q&A 117 through “God's worship”.

Main Point of Text: When God's people deny themselves on His holy day, they enjoy Him and are blessed by Him.

Sermon Point: *Delight in the Lord of the Sabbath.*

Move 1: Make the day holy in a holy rest.

LC: “The sabbath or Lord's day is to be sanctified by an holy resting”: Ex. 20:8 “keep it holy”. Stop the usual to focus on special. Focus on heaven, and your Heavenly Father, Who is thrice holy.

Move 2: The whole day is to be holy unto the Lord.

LC: “... all the day ... spend the whole time ... in the publick and private exercises of God's worship”. *To shew forth thy lovingkindness in the morning, and thy faithfulness every night,* (Psalm 92:2).

LC: “not only from such works as are at all times sinful, but even from such worldly employments and recreations as are on other days lawful”: *Six days shall work be done: but the seventh day is the sabbath of rest, an holy convocation; ye shall do no work therein: it is the sabbath of the LORD in all your dwellings.* (Lev 23:3). Ex. 20:10. Re: recreation: Isaiah 58:13-14: not what you delight in, but Lord delights in.

Move 3: Yet the holy day does not forbid what is necessary and merciful.

LC: “except so much of it as is to be taken up in works of necessity and mercy”: Isaiah 58:6-10. Mt. 12:1-13 (10-11). Police, military, emergency, medical. Animals need to be fed, cows milked.

Move 4: You won't truly enjoy God until you truly enjoy His Holy Day.

LC: “and making it our delight”: what you enjoy, find happiness in. Day is not a kill-joy, but where you find the joy of the Lord is your strength (Neh. 8:10). Ps. 92:1-6, 12-15.

The Lord's Day should revolve around God, not around you. **Isaiah 58:13-14:**

- Context: vss. 1-7, 12. They weren't truly resting, and so didn't experience God and His blessings.
- Vs. 13:
 - “Turn feet” cease the way your normal way you have been going. Turn from what?
 - “thine own pleasure” (2xs), “ways” “words”: true observation of God's Sabbath is self-denial.
 - Call Sabbath a delight, holy to the Lord, honorable; honor Him by stopping to honor His works.
- Vs. 14:
 - “then”: cause/effect, if/then. Only when deny yourself on Sabbath can you enjoy God Himself.
 - Effect, He will “cause you to ride on high places/eat of possession of Jacob”.
 - “you shalt delight thyself in the Lord”; when you have delighted in the Lord's Day.
 - Jesus is Lord of the Sabbath. When delight in the Lord's Day (Rev. 1:10), you delight in Him.

Conclusion: *Delight in the Lord of the Sabbath.*