

Know Thyself

Psalm 19; 139

- “If you want to see the holy Christian Church painted in glowing colors and in a form which is really alive, and if you want this to be done in a miniature, you must get hold of the Psalter, and there you will have in your possession a fine, clear, pure mirror which will show you what Christianity really is; yea, you will find yourself in it and the true ‘*gnōthi seauton*’ (‘know thyself’), and God himself and all his creatures, too” (Martin Luther, *Preface to the German Psalter* [1528]).
- “Nearly all the wisdom we possess, that is to say, true and sound wisdom, consists in two parts: the knowledge of God and of ourselves” (John Calvin, first sentence of the *Institutes*)

On a scale of 1-10:

1. *How well do you know God (based on what He has revealed about Himself)?*
2. *How well do you know yourself?*
3. *How well do you know others? (close family and friends, people in the church, teacher)*
4. *How well do others know you?*
5. *How well do you want to know yourself as you really are?*
6. *How well does the God of the Bible know you?*
7. *On a scale of 1-10 how well do you want to be known by God?*
8. *How much do you want to know God?*
9. *How well do you want others to know you?*

10. *On a scale of 1-10 how well do you want to know others?*

11. *How well do you want others to know God?*

12. *On a scale of 1-10 how well do you want others to know themselves?*

13. *Can others what is best for you better than you? List some people who know better than you?*

14. *What does it mean to be delusional?*