

INTRODUCTION: PTSA, ESTHER & VARIOUS AFFLICTIONS (see Acts 14:22; Jms.1:22f; 1Pt.1:6f)

I. PSALM 30 & DAVID

A. HEADING

1. *a psalm for singing* (see Ps.47:1; 92:1; 108:1; etc.)
2. *dedication of house; for David* (1Chr.21(//2Sam.24); see 1Chr.21:18f; 22:1; 2Chr.3:1f; see Num.7:10f,84,88; 2Chr.7:9; Ezra 6:16)

B. INTRODUCTION

1. *preface: lifted up in answer to prayer* (1-3; see Jer.38:6f)
2. *purpose: the covenanted sing praise with thanksgiving* (4; see 12)
3. *reason: short sorrow & long joy* (5; Is.54:7; see Ps.103:9)

C. PROBLEM & SOLUTION (6-10)

1. *problem: pride* (6; Prov.16:18; see 2Sa*m.11:1f; 24:1f; Dan.4:30)
2. *solution: humility* (7a; see 2Sam.7:1f; 12:7f)
3. *means: affliction & deliverance* (discipline; 7b-10; see 1-4)
4. *key: prayer for deliverance for God's sake* (8-10; see 2b; see Ps.6:5; 88:10f; 115:17; Dt.9:28f; Is.38:18f)

D. SUMMARY & CONCLUSION (11,12)

1. *summary: turned* (11(2Chr.21:16); see 5; see Est.9:1,22)
2. *conclusion: sing praise with thanksgiving endlessly* (12; see 4,1)

II. PSALM 30 & JESUS

A. A PSALM FOR SINGING (Ps.30 heading; Mt.26:30; see Ps.115-118)

B. DEDICATION OF HOUSE (Ps.30 heading; Heb.9:10f; 10:20)

C. DAVID (Ps.30 heading; Lk.1:32; Mt.22:42)

D. LIFTED UP IN ANSWER TO PRAYER (Ps.30:2,3,11; Mt.26:39; see Jn.3:14; 12:34 and Acts 1:9)

E. SHORT SORROW & LONG JOY (Ps.30:5; Lk.24:6 & 1:33)

F. THE COVENANTED SING PRAISE WITH THANKSGIVING (Ps.30:4; Heb.2:12; see Eph.1:3f,6)

III. PSALM 30 & YOU

A. SING THE PSALMS OF DAVID'S SON! (Ps.30 heading; Eph.5:19,20; Col.3:16; see Lk.24:44)

B. ENTER THE DEDICATED HOUSE WITH THANKFUL PRAISE! (Ps.30 heading; Heb.10:19f; e.g., Ps.95:2; 100:4; 118:19; 122:1f; 132:7)

C. FLEE FROM PRIDE LIKE THE PLAGUE IT IS! (Ps.30:6; see 2Sam.11:1f; 24:1f; Dan.4:30; Dt.8:10f; see Prov.16:18; Lk.12:19f; 1Cor.4:7; 1Pt.5:5)

D. HUMBLE YOURSELF UNDER THE MIGHTY HAND OF GOD! (Ps.30:6f; 1Pt.5:6f; see 1Chr.21:1f,13f; Prov.3:11f; 13:24; etc.; Rev.3:19; see Heb.12:5f,11; 1Cor.11:32; 2Tm.3:17; Jms.1:2f; Ps.119:71)

E. PRAY FOR GOD'S GLORY IN YOUR GOOD! (Ps.30:8,9; see 1Cor.10:31; Mt.26:39)

F. TRUST GOD TO TURN THINGS AROUND FOR YOU! (Ps.30:11; Est.9:1,22; 1Pt.5:6,7)

G. WAIT PATIENTLY FOR HIM AS IT WILL ONLY BE A LITTLE WHILE! (Ps.30:5; Is.54:7; Mic.7:18; see Est.3:12f&5:1f; Ps.103:9; Is.60:22; Lk.18:7,8; 2Cor.4:17; Heb.12:11; 1Pt.1:6; 5:10; Rev.22:7,12,20; see Jn.16:21; Rom.8:18f)

H. ALWAYS REMEMBER HOW HE TURNS THINGS AROUND FOR YOU AND PRAISE HIM WITH THANKGIVING FOREVER! (Ps.30:1f,12; see Est.9:20f; 1Cor.11:24,25; Acts 9:1f; 22:1f; 26:1f; 1Tim.1:12; see Acts 26:18)