

Saved By His Life • Romans 5:10

MESSAGE NOTES

What does this include?

• Jesus overcame death and so will you.

• You are spiritually alive because Jesus shares His life with you.

• What God has started in your life will be completed.

• You can shake off your doubts, anxieties, and fears.

DISCUSSION QUESTIONS

Can someone repeat the shoestring illustration for us? As a group, discuss how this illustrates the two aspects of Christ's death and resurrection.

Read the first point of the message out loud. In what situations is this comforting to you? How does this shape your thoughts, plans, fears, anxieties?

Read the third point out loud. Do you ever get frustrated or discouraged with your progress in spiritual growth? How is this point helpful to you?

Read the fourth point out loud. What are some of the common doubts that Christians have related to salvation or their spiritual lives? What about anxieties and fears? How does the truth that you are "saved by His life" help you? How can you use this truth to confront your doubts, anxieties, and fears?

Try singing a few stanzas of Arise, My Soul, Arise by Charles Wesley. Suggestion – Check ahead of CG meeting to see if someone in the group is comfortable leading the song. You can print off a few sheets with the words, or have group members go to

http://www.hymnary.org/text/arise_my_soul_arise_shake_off_thy_guilty for the lyrics.