

# The “Put Off – Put On” Principle

Ephesians 4:25-32

6/25/06

INTRODUCTION: (v. 22-24)

**\*Christian, “put off” the rags of your old life,  
and “put on” the righteousness of your new life!**



**I. Remove the Rag of LYING**

**Replace it with the Righteous garment of TRUTH (v. 25)**

*God's Reason: Because “we are members one of another”*

**II. Remove the Rag of SINFUL ANGER (v. 26)**

**Replace it with the Righteous garment of KINDNESS & FORGIVENESS (v. 32)**

*God's Reason: Because unresolved anger gives a foothold for Satan.*

**III. Remove the Rag of STEALING**

**Replace it with the Righteous garment of HONEST WORK (v. 28)**

*God's Reason: So that you can give rather than take*

**IV. Remove the Rag of ROTTEN SPEECH**

**Replace it with the Righteous garment of GOOD WORDS (v. 29)**

*God's Reason: So that your tongue will build others up, not tear them down.*

CONCLUSION: V. 30-32