

WHAT TO DO WITH LIFE'S CARES
ONE OF THE RESULTS OF GENUINE HUMILITY
1 Peter 5:7

5 Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for "God resists the proud, But gives grace to the humble." 6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, **7 casting all your care upon Him, for He cares for you.**

What is the context of 1 Peter, and more specifically, the context of chapter 5 and more specifically of verse 7?

A. The REALITY of anxiety! (1:5)

- * *What is anxiety (fear or care)?*

- * *Does God want us to worry, to be anxious, to fret? (Matthew 6:33-34)*

B. The RESCUER of anxiety! (1:5)

- * *What is the condition or prerequisite for casting your care on the Lord?*

- * *What does it mean to "cast?"*

- * *Is this casting a one-time event or ongoing?*

- * *Who are we casting our care on?*

C. The REASON to TRUST the RESCUER of anxiety! (1:5)

- * *What does "Cares" mean?*

How does this apply to you?