## <u>TRUE</u> <u>CONTENTMENT</u> *Philippians 4:10-13*

I. Rejoicing In God's <u>Provision</u>; Recognizing God's <u>Providence</u> – vs. 10

Philippians 4:18 Ephesians 1:11 Philippians 4:19 Romans 8:28 Matthew 6:31-34 Proverbs 16:9

Proverbs 19:21

## II. <u>Learn To Be Content</u> – vs. 11

 $Manthán\bar{o}$  – be taught; come to <u>realize</u>; understand; to <u>accustom</u> oneself to something.

Hebrews 5:8

 $Autárk\bar{e}s - \underline{sufficient}$  for one's self, strong enough or processing enough to need no aid or <u>support</u>; self-sufficient

 $Ark\acute{eo}$  – sufficient; to be <u>enough</u>

1 Timothy 6:6-8

Hebrews 13:5

III. Content In Any Circumstance – vs. 12

2 Corinthians 6:4-5
2 Corinthians 11:23b-27
2 Corinthians 4:17-18

IV. Christ Infused Power - vs. 13

Galatians 2:20

 $Ischý\bar{o}$  – be <u>capable</u> of; be strong; be able

Acts 19:6

Acts 19:20

2 Corinthians 12:7-10

Ephesians 3:14-16, 20

Endynamóo - endue with strength, to give power

 $P\acute{a}s - \underline{all}$ , every.

Philippians 4:11-12

"Health is something that results from right living. Health cannot be obtained directly or immediately or in and of itself. There is a sense in which I am prepared to say that a man should not think of his health as such at all. Health is the result of right living. And I say exactly the same thing about this question of power in our Christian lives. Take the question of preaching. No subject is discussed more often than power in preaching. `O that I might have power in preaching,' says the preacher, and he goes on his knees and he prays for power. I think that may be quite wrong. It certainly is if it's the only thing the preacher does. The way to have power is to prepare your message carefully. Study the Word of God, think it out, analyze it, put it in order, do your utmost. That is the message God is most likely to bless, the indirect approach rather than the direct. It is exactly the same in this matter of power to live the Christian life. In addition to our prayer for power, we must obey certain primary rules and laws. The secret of power is to discover and to learn from the New Testament what is possible for us in Christ. What I have to do is go to Christ, I must spend my time with Him, I must meditate upon Him, I must get to know Him. I must practice the Christian life. I must do what He tells me. I must read the Bible. I must live the Christian life in all its fullness." – *Dr. Martin Lloyd-Jones* 

**Closing Thought:** Contentment must be learned. It can only be learned when we have life experiences that cause us to be at the end of ourselves. Where the only power source we have is Christ living in us. How is your level of contentment? Really? Can you truly do all things that God has for you through Christ's strength?