

The Heidelberg Catechism

37. What do you understand by the word “suffered?”

That all the time He lived on earth, but especially at the end of His life, He bore, in body and soul, the wrath of God against the sin of the whole human race;¹ in order that by His suffering, as the only atoning sacrifice,² He might redeem our body and soul from everlasting damnation,³ and obtain for us the grace of God, righteousness, and eternal life.⁴

¹ Isa 53; 1 Tim 2:6; 1 Pt 2:2-4, 24, 3:18; ² Ps 22:14-16; Mt 26:38; Rom 3:25-26, 5:6; 1 Cor 5:7; Eph 5:2; Heb 10:14; 1 Jn 2:2, 4:10; ³ Rm 8:1-4; Gal 3:13; Col 1:13; Heb 9:12; 1Pt 1:18-19; ⁴ Jn 3:16; Rom 3:24-26; 2Cor 5:21; Heb 9:11