

This Is The Life (The Book of Philippians) Conquering Conflict (Part 3)

Philippians 4:1-3

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April 6, 2014

Bottom Line:

The church is to be a place where believers put aside petty differences and disagreements, and focus on the greater task ahead of changing the world for Christ!

Top Conflict Igniters:

1) **To allow anger, pride, or stubbornness to cause or inflate problems.** Galatians 5:22-23; Colossians 3:13

Communication Cure:

I will reject excuses and rationalizing when it comes to allowing pride, anger, or unforgiveness to get in the way of Christ-like communication.

2) **To say things that publicly demean or embarrass others.**
Ephesians 4:29

Communication Cure:

I will treat others with respect, reflecting the love of God and His image that is stamped on others.

3) **To utilize destructive language with others concerning a relational problem you are having.** James 3:6-8

Communication Cure:

I will go directly to the person I have an issue with to confront in love.

4) **To speak to others in an unkind or rude manner.**
1 Corinthians 13:5; Ephesians 4:32

Communication Cure:

I will treat others in my communication better than I would want to be treated.

5) **To quickly and harshly criticize the actions of others.**
Matthew 7:3-5

Communication Cure:

I will not allow a critical complaining spirit to be manifest in my conversations about others.

6) **To neglect laying a foundation of praise and encouragement as I converse with others.** James 3:10-11; 1 Thess. 5:11

Communication Cure:

I will intentionally and sincerely saturate my relationships with words of affirmation and encouragement.

7) **To yell and shout in a disagreement with someone (negating self-control and your ability to listen).** James 1:19; Proverbs 15:1; Proverbs 18:13

Communication Cure:

I will maintain godly communication, composure, and actions in spite of the ungodly actions of others.

8) **To begin the process of restoration and resolution**
_____ Ephesians 4:26

Communication Cure:

I will do my part to _____ initiate the process of restoration on the same day as the problem occurs.

9) **To not clearly _____ the problem and adopt _____ that minimize it from happening again.** Matthew 18:15-20

WHEN YOU'RE MEETING TO BRING RESOLUTION:

1. Pray and prepare your heart.
2. Understand the conflict that is at the center of the tension.
3. Maintain a tender, humble, non-defensive spirit throughout the process.
4. Be sensitive to potential deeper issues.
5. Ask for suggestions to bring about a workable solution/compromise.
6. Honestly and calmly communicate adjustments to the plan.
7. Construct a plan with a goal of peace, not victory.

Communication Cure:

I will patiently hear the _____ and collaborate on ways to avoid the problem in the future.

10) **To not faithfully _____ on changes, and act coldly or dismissive to the other person in future encounters.** 1 Corinthians 8:12-13

Communication Cure:

I will _____ with the other person as if the conflict had never occurred and resolve to follow God's plan again in the future.

Conclusion: