

# The Comfort of Mourning

## Matthew 5:4

The Lord blesses with comfort those who grieve over their sinful condition and sinful behavior.

### An apparent contradiction.

Mourning over your own sins

Mourning over the sins of others

Mourning over those on their way to hell

### A promise of comfort.

Comforted by God's presence

Comforted by God's people

Comforted by God's promises

## *Tabletalk Questions*

### For 10-11-09 sermon

*"The comfort of mourning"* Matthew 5:4

What must happen inside of us (5:3) before we are able to mourn over our sin (5:4)?

When did you last ponder what your sins did to the Lord Jesus? What kind of response did that produce in you?

Does mourning over our sin mean that Christians must be sad and solemn all the time? Why or why not?

Who comforts those who mourn over their sin (Ps.34:18; Isa.61:1-3; 2 Cor.1:3,4)? What is the outcome of this comfort (Ps.51:8-15; 126:5,6; Isa.12)?

How is God's comfort different from the various ways in which the world seeks to relieve its sorrows?

How would you like God to comfort you when you mourn over your own sin and the sins of others? How can you be sure that it is not a false comfort?

Which is better, never to have sorrowed or to have sorrowed and been comforted by God?