

Our Comfort in Christ

Lord's Day 1
Ephesians 1

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Introduction

1. We begin our consideration of the Heidelberg Catechism where Paul began Ephesians...with praise (Ephesians 1:3).
2. As we begin the Heidelberg Catechism we remember the importance of Heidelberg Catechism preaching.

The Foundation of Life

1. The words "in Christ," in Ephesians 1 beautifully express our relationship to Christ.
2. Belonging to Jesus is our only comfort in life and in death.
 - a. He alone is able to deliver from the misery of my sin.
 - b. Our only source of comfort is Christ.

The Spiritual Blessings

1. We know this comfort in the spiritual blessings He bestows upon us (Ephesians 1:3).
2. In Christ we receive the blessings of salvation. In Christ, we see God's grace.
 - a.
 - b.
 - c.
3. In Christ we are comforted in the knowledge that God owns everything..."And so preserves me..."

The Enjoyment of It

1. This is experienced through the true knowledge of the Scriptures.
2. This knowledge that gives enjoyment has three essential elements: